

## 5. Extreme prayer

Find some 'extreme' places to pray and film yourselves doing it.

**You will need:** smartphone or camera; appropriate clothing; software that lets you put the photos together as a film such as *Microsoft Moviemaker* (optional).

People in the Bible pray in all sorts of places. Your challenge over the holiday is to find similar places near you and take a photo or shoot a clip of a member of your family saying a prayer in those places, then to compile the shots into a film.

You can use these ideas if you would like:

*'Out of the depths I cry to you, Lord' (Psalm 130:1).*

What's the *deepest* or *lowest* place you can find?

**Prayer:** Out of the depths I cry to you, Lord, for [Name]

*'The Lord said to Moses, "Come up to me on the mountain"' (Exodus 24:12).*

What's the *highest* place you can find?

**Prayer:** I pray that neither height nor depth, nor anything else in all creation, will be able to separate ... from the love of God that is in Christ Jesus our Lord (Romans 8:39).

*'Then Solomon stood before the altar of the Lord in front of the whole assembly of Israel and spread out his hands' (2 Chronicles 6:12).*

Where's the *busiest* place you can find?

**Prayer:** I pray for the well-being of ... and their family (Ezra 6:10).

*'Hannah was praying in her heart' (1 Samuel 1:13).*

What's the most *silent* place you can find?

**Prayer:** Hear my prayer for... (Psalm 4:1).

*'He came to a broom bush, sat down under it and prayed' (1 Kings 19:4).*

How many people can you fit *under a bush* to pray?

**Prayer:** Listen to my prayer for... (Psalm 55:1).

*'Hear the prayer your servant is praying before you day and night for your servants' (Nehemiah 1:6).*

What's the latest time of night you can pray?

**Prayer:** In your great love, Lord, draw [Name] closer to you (Psalm 69:13).

*[A maskil of David. When he was in the cave. A prayer.] 'I cry aloud to the Lord; I lift up my voice to the Lord for mercy' (Psalm 142:1)*

Can you find a *cave* or a dark enclosed place?

**Prayer:** May my prayer come before you for [Name] (Psalm 88:2).

*'From inside the fish Jonah prayed to the Lord his God' (Jonah 2:1).*

What's the *smelliest* place you find?

**Prayer:** I pray God's blessing on [Name] (Proverbs 11:26).

*'Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed' (Mark 1:35).*

Can you pray as the sun rises?

**Prayer:** I pray for help for [Name] (Daniel 6:11).

*'Jesus was praying in private and his disciples were with him' (Luke 9:18).*

What's the most private place you can find?

**Prayer:** I pray for [Name] to believe in God (John 17:20).

*'All of them, including wives and children, accompanied us out of the city, and there on the beach we knelt to pray' (Acts 21:5).*

Can you pray on a *beach* (or somewhere by the water's edge)?

**Prayer:** I pray that the eyes of [Name]'s heart will be enlightened (Ephesians 1:18).

*'Pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people' (Ephesians 6:18).*

What's the most *unlikely* place you can find?

**Prayer:** I pray that [Name] will be rooted and established in God's love (Ephesians 3:17).

*'The smoke of the incense, together with the prayers of God's people, went up before God from the angel's hand' (Revelation 8:4).*

What's the *holiest* place you can find?

**Prayer:** I pray for God's glorious riches to be given to [Name] (Ephesians 3:16).

## Extreme prayer challenge

It's time to try some extreme prayer. Go out somewhere to pray, take photos or film yourself to make your own prayer album/video/instagram story.

Post a photo on Instagram of something that inspires you to pray and link it with our daily prayers with the hashtags *#pledge2pray* & *#thykingdomcome*. Someone else might be inspired to pray with you.

Pray safe!

**Make sure you stay safe, don't break any laws,  
respect your community and most of all keep safe!**