



Thy Kingdom Come | Youth Resource

Intro

Introduce this session and say that the topic is 'Speaking with God'. Explain to the group that prayer is simply speaking with God. It is both talking to God and God talking to us. God speaks back to us through many ways such as the Bible, other Christians, and circumstances, etc. But He can also speak to our minds and hearts directly through the Holy Spirit.

This session helps us explore the third person of the Trinity, God the Holy Spirit. Hearing God's voice can be hard, particularly when digital noise and our own worries easily fill our minds. In the video, Rev. Chris Russell explains that, because we can't see the Holy Spirit, understanding Him can be tough. Scripture tells us, though, what He is like and what He does. One of the main things He does is help us hear the voice of God because, as Chris says, 'The Holy Spirit connects us to Jesus.'

Assure the group that this is a safe conversation and that all perspectives are welcome. We believe that these aspects of faith need to be grappled with, so should be questioned in order to come to a broader understanding of what having a daily relationship with God is like.

Games

GAME 1

Communication Origami:

Hand out a piece of A4 paper to each team member and tell them to close their eyes. Google some origami folding instructions and give it to the person directing. Everyone must keep their eyes closed as one person reads out folding instructions to create the origami.

After the instructions are finished tell them to open their eyes and compare their shapes. The winner is whoever got it closest. You can play different rounds with a different person nominated to instruct.

GAME 2

Twenty Questions:

Split into two small groups (of 5-10 people). Assign one person in each group who will think of a place, object or person etc. The other team members have 20 yes/no questions to try and guess the answer.

The team that answers first wins. If it takes more than 20 questions you lose.



Point: Verbal communication is really important in helping us share what we are feeling or whatever we want to say. Communication is easiest when we can also use actions and body language, but sometimes we run out of words to say. This is just like the Holy Spirit. He helps us communicate with God in times when we might not have any words left.

Watch video

Question Block 1 *(During video)*

- Have you ever prayed? What happened?
- Who do you speak with when you're feeling anxious or when times are hard?
- Have you ever felt like God was speaking to you?

Extra questions:

- When you pray, have you ever spent time simply waiting and listening?
- Do you have a favourite bible verse you go to when things are tough?
- Has God ever answered a specific prayer you have prayed?

Question Block 2 *(After video)*

- Have you ever wanted to pray but you have not been sure what to say?
- What did you do?

Extra questions:

- In the video, they talk about Romans 8:26 and praying in tongues. What experience have you had with people speaking in tongues?
- Have you ever invited the Holy Spirit to help you pray?



Worship song suggestions



Rest on Us



Spirit Break Out

