



Prayer Station

INSTRUCTIONS



Praying for those who are caught in poverty

YOU WILL NEED

- A small pile of basic foods. For example; pasta, sauce, tins of beans, bread etc.
- A small pile of coins.
- Have a box ready at the side for food bank donations already primed.





INSTRUCTIONS

- Look at the small pile of food. Think how long it might last.
- Wait with God in prayer.
- Now pray for individuals or families caught up at this time.
- Now pray for organisations such as food banks, Christians against Poverty.



- Once you have prayed, take some coins to remind you to continue in prayer.
- Ask God if there is anything you can give out of your little to enable all to have something.