



WHY KINGDOM COME

Discussion Plan

Joe Winterschloden

Theme

Offer



What are you looking for? Do you want to be someone full of **love**, of **peace**, on an **adventure**, full of **joy**, and really living with purpose?



Opener (5 minutes)

Discuss: What was the best free offer you were ever given? A free game with a console, free data with your phone, a buy-one-get-one free deal, or even a free lesson? What was it for you and what was good about the offer?

Think about: Think about that last time you offered something to someone. What did it mean to you to give something away?

Video (3 minutes)

Watch Joe's video on [Instagram](#), [YouTube](#) or [Vimeo](#).



Table Talk (10 minutes)

In his video, Joe shares that we often want lives full of love, peace, adventure, and joy, but we rarely put things in place to make this a reality. He shares about a time when he was stressed out, tired, and desperately needed to live a different way. He realised that he needed to follow Jesus' example of living and discovered that as he offered his life to Jesus, he received peace, joy, adventure, and love!

Around your table at home, church or in school, with the person next to you discuss these themes that came up in the video.



Earlier in the year, Joe experienced tiredness, stress, and exhaustion, and came to realise that there must be a better and more simple way to live.

Question - Can you think of a time where you have felt tired or stressed? A time where you have wanted things to change and wondered if there was a different or even better way of living?



Amid all the stress and exhaustion in Joe's life, he decided to offer himself to Jesus and follow His way of living - even getting himself a radical haircut as a reminder of his need for Jesus after relying purely on himself for too long! This decision made a big difference in Joe, helping him to realise that he was made to live with the Spirit of God, alive and active in him.

Question - Think for a moment about the things that may be making you feel tired or stressed right now. Could you offer these to Jesus and ask for His help?

Action (7 minutes)

Joe encouraged you to immerse yourself in the life of Jesus, maybe starting by reading the gospel of John and taking time to discover and learn Jesus' way of living life.

Discuss: In John 8:32 Jesus says, *"If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free."*

Joe suggests taking 10 minutes each day to read the book of John and to chat to God about what you are learning. You can even chat to friends about it too. According to Jesus, it is His teachings and way of living that offers freedom and a life of love, joy, peace, and adventure!

- When could you take 10 minutes out of your day to read the book of John?
- Who might you chat to about what you are reading?
- Write down some of the things that are causing you stress or anxiety at present. As you read the bible this week, note down anything which you feel God might be saying to you about these things.



Think about your five: Think about your five friends that you committed to praying for at the beginning of these sessions. What could you give them this week that would encourage them to experience something of the freedom, love, joy, and peace that Jesus offers?

Prayer (5 minutes)



Prayer at Home

Find a box or container that you can turn into a worry tin. Take a moment to write down some of the worries that you chatted about earlier in this session.

Post these into the 'worry tin' as a sign of 'letting go' and giving them to Jesus. Use the prayer below to help you as you do this.

Dear God, thank you that you **offer** me **love, joy** and **peace**. I give you these worries that are troubling me today and ask that I may know your freedom. I offer you myself and ask that you would help me to follow Jesus' way of living, and to help others discover freedom as your life shines out of me.

Amen.

Prayer at School

Find a box or container that you can turn into a worry tin. Place this in the middle of your table and take a moment to write down some of the worries that you chatted about earlier in this session.

Post these into your 'worry tin' as a sign of 'letting go' and giving them to Jesus. Use the prayer below to help you as you do this.

Dear God, thank you that you **offer** me **love, joy** and **peace**. I give you these worries that are troubling me today and ask that I may know your freedom. I offer you myself and ask that you would help me to follow Jesus' way of living, and to help others discover freedom as your life shines out on me.

Amen.

Prayer at Youth Groups

Find a box or container that you can turn into a worry tin. Place this in the middle of the group and each take a moment to write down some of the worries that you chatted about earlier in this session. One at a time, take it in turns to share what you have written (only if you would like to) and then pop these in the worry tin as a sign of 'letting go' and giving them to Jesus. Use the prayer below to help you as you do this.

Dear God, thank you that you **offer us love, joy** and **peace**. We give you these worries that are troubling us today and ask that we may know your freedom. We offer you ourselves and ask that you would help us to follow Jesus' way of living, and to help others discover freedom as your life shines out of us.

Amen.

