



Discussion Plan

Asha Malankar

Theme

Pentecost



God's **love**, **protection** and **hope** always surrounds me, and goes before me.



Opener (5 minutes)

Discuss: During Pentecost, many Christians spoke in different languages. With a partner, write the word 'hello' in as many languages as you can. Most correct answers wins! Second round, it's a little harder, do the same with the word – chocolate.

Think about: Talk to the person next to you about what you know of the Holy Spirit. Have you heard of it before? What does the Holy Spirit mean to you?

Video (3 minutes)

Watch Asha's video on [Instagram](#), [YouTube](#) or [Vimeo](#).



Table Talk (10 minutes)

In today's video, Asha talks about how the disciples gathered after Jesus ascended into heaven. They waited, they mourned, and celebrated all the things Jesus did on Earth. All of a sudden, a billowing rush of wind entered the room – the Holy Spirit! It gave them amazing abilities, like speaking in different languages. Asha shares that she became a Christian at 16 years-old, through friends inviting her to Church events. Asha knew there was something different about her friends who were Christians, but didn't know what the difference was. The difference was Jesus! Asha prayed and invited the Holy Spirit into her life and felt a peace and a hope that she had never experienced before.

Hebrews 13 tell us that our God is the same yesterday, today and tomorrow – meaning the Holy Spirit that we experience today is the same as the Holy Spirit that came to the disciples on the day of Pentecost!

Around your table at home, church or in school, with the person next to you discuss these themes that came up in the video.



1

Asha shared her story of becoming a Christian. She was invited to a Church event by a friend and then kept going back.

Question - Would you call yourself a Christian? If so, how did you first experience God and His love? If not, what experiences of Christianity have you previously had?



2

Asha talks about the fact that God is the same yesterday, today, and tomorrow. This means, the God who we read about in the Bible, is the same God we can know and have a relationship with today.

Question - How does that make you feel? That the God in the Bible is the same God we can know ourselves?

Action (7 minutes)

Action:

Asha challenged us to find some quiet space, by yourself or with a friend, to ask the Holy Spirit to come into your life and to change you from the inside out. You may not hear a big voice, or feel anything, but you will begin a journey in relationship with the Holy Spirit, who is the presence of God in our lives.

- Have you experienced the Holy Spirit before?
- What happens when the Holy Spirit meets with people in the Bible?
- How might you invite the Holy Spirit into your life each day?



Think about your five: Think about your five friends that you committed to praying for at the beginning of these sessions. The Holy Spirit brings peace, joy, and comfort. Pray for the Holy Spirit to fill your five friends today, so that they feel the peace, joy, and comfort of the Holy Spirit.

Prayer (5 minutes)



Prayer at Home

Find somewhere quiet to sit still and hold your hands open as if you're holding a box. Say this simple prayer below and wait for a time in the quiet. You may feel nothing, you may have a sense of peace, or joy, or relief. Keep praying and asking God to fill you with the Holy Spirit.

Holy Spirit, I pray that you would meet with me now. I pray for you to fill me with your **joy** and **peace**.

Amen.

Prayer at School

As today's prayer activity, ask your teacher to search YouTube for the song 'Holy Spirit You Are Welcome Here'.

Play the song and sit in quiet as a class, listening to the words. Let them wash over you and think about what they might mean to you. Notice the line, 'to be overcome by your presence, Lord'. What does this mean to you? When the song is over, say this prayer together.

Father God, thank you for loving us and giving us the **gift** of your Holy Spirit. We pray that you would fill us with your Spirit, and our school, so that we can live in your **joy, hope, and peace**.

Amen.

Prayer at Youth Groups

Either by yourself, or with a friend that you trust, sit in quiet and take it in turns to pray for each other, welcoming the Holy Spirit. You may want to ask your youth leader to put on some worship music whilst you pray. You may want to hold your hands open like you are holding a box in front of you.

God, we thank you for all the goodness you have shown us. We pray that [*insert name*] would be filled with the Holy Spirit. Help [*them*] to see clearly, to feel your **love**, your **joy**, and to experience your **peace** and **comfort**.

Amen.

