



Discussion Plan

Andy and Izzi

Theme

Adore



Adoration is about whole-hearted devotion.



Opener (5 minutes)

Discuss: What are the things in your life that you love? It could be friends, family, objects, places...

Think about: How have the Covid-19 government restrictions affected these things? It might be negatively, or positively.

Video (3 minutes)

Watch Andy and Izzi's video on [Instagram](#), [YouTube](#) or [Vimeo](#).



Table Talk (10 minutes)

In today's video, Andy and Izzi explore the theme of 'adore'. Are there people or places that you adore? For Izzi, being outside on the beach is something she adores, and for Andy, he adores the people in his life that are closest to him. These are the things that matter most. But what does it mean to adore something? The Bible talks about the word 'adore' meaning so much more than something we love. It says that adoration is about whole-hearted devotion and is the same word that is used for worship. Jesus says that we are to *Love God with all our hearts, minds, and strength*, but as Andy mentioned, sometimes things can get in the way of our love for God, meaning we put those things at the centre of our lives instead. On the other hand, the things that we love in life can sometimes draw us closer to God too. For example, being at the beach with the sand between our toes can remind us of God's amazing creation and how vast and awesome God is.

Around your table at home, church or in school, with the person next to you discuss these themes that came up in the video.

1

Our culture uses the word 'adore' to talk about things we simply love or things that bring us joy. Sometimes when we hear the word 'adore' it can sound a bit soppy and romantic. But the Bible tells us 'adoration' is about whole-hearted devotion and is another word for worship.

Question – What things do you put at the centre of your life?

2

As much as Izzi loves visiting the coast and Andy loves his family, according to the bible, these are not things that should be worshipped. When someone asked Jesus what the greatest commandment of all was, he replied: '*Love the Lord your God with all your heart and with all your soul and with all your mind.*' (Matt-22:37).

Question – What do you think it means to love God with all your heart, soul, and mind?

Action (7 minutes)

Action:

Izzi challenged us to think about the things that you adore in life. They could be really great things, but could they be getting in the way of God? Think about those things and then flip them on their head for a moment. Are there any ways that those things could help draw you closer to God instead of further away?

- Think about the things that you adore in life. Are they people, experiences, or objects?
- How do you feel when you experience those things?
- How might these things help to point you towards God?



Think about your five: Think about your five friends that you committed to praying for at the beginning of these sessions. Send each of your five friends a message, to thank them for something they did, or mention a part of their character or personality that you really love. Explain to them how that helps you to see more of God in your life and the world around you.

Prayer (5 minutes)



Prayer at Home

Say this prayer somewhere quiet.

Father God, you are magnificent and I worship you! You died and rose again to save me Your **glory** and **majesty** are beyond anything I can dream of. I thank you for all the good things you have put in my life. Thank you for [*list some things that you love*]. I pray that you would open my eyes to see how these things can help me to discover more about you.

Amen.

Prayer at School

Say this prayer together to close today's session.

Father God,
You are the God who formed us, the God who knows us, the God who loves us, the God who leads us, and the God who blesses us. You are the beginning and end of all that we are and hope to be. We worship you.

Amen.

Prayer at Youth Groups

Say this prayer with a partner, then swap over.

Father God, you are magnificent and I worship you! You died and rose again to save me. Your **glory** and **majesty** are beyond anything I can dream of. I thank you for all the good things you have put in my life. Thank you for [*list some things that you love*]. I pray that you would open my eyes to see how these things can help me to discover more about you.

Amen.

