

# CHEEKY PANDAS

## Family Catechesis

The sessions in this booklet have been created to help parishes to connect with families who have primary school aged children using the themes of Thy Kingdom Come.

A basic structure has been created to enable catechists to help the families attending explore the theme of each of the Cheeky Pandas videos. It is our hope that you are able to use and adapt the sessions according to the needs of the people you are reaching.

There are some start up tips on our website should you want help setting up this online ministry.

The sessions in this booklet would be ideal for any video meeting platform such as MS Teams, Zoom or Google hangouts. If you prefer to livestream sessions, the interactive elements would need a little adaptation.

We hope your families enjoy the Cheeky Pandas and these sessions.



# JESUS

## CHEEKY PANDAS

### The Missing Guitar Pic

**Key Learning:** We are all like the sheep that wander away from the Shepherd, but Jesus always comes to find us because we are so special to Him.

“Which one of you, having a hundred sheep and losing one of them, does not leave the ninety-nine in the wilderness and go after the one that is lost until he finds it? When he has found it, he lays it on his shoulders and rejoices. And when he comes home, he calls together his friends and neighbours, saying to them, ‘Rejoice with me, for I have found my sheep that was lost.’ Just so, I tell you, there will be more joy in heaven over one sinner who repents than over ninety-nine righteous persons who need no repentance.”

Luke 15:4-7

‘Christ is alive, and he wants you to be alive! He is in you, he is with you, and he never abandons you. However far you may wander, he is always there, the Risen One. He calls you and he waits for you to return to him and start over again.’

Christ is Alive, Pope Francis

## Saint of the Day

**St Augustine** was a rebellious Catholic teenager who lived away from his mother and got involved with all kinds of bad things.

He was multi-talented and very intelligent. He had an encounter with Christ after meeting St Ambrose. Afterwards his whole life changed. He lived to help others come close to Christ.

## Session Outline

### 1. Informal welcome as families arrive

### 2. Official welcome

Introduce the title, theme and all members of your team to all present, including the person to contact if they have technical issues, questions or concerns.

- Outline what will happen during this session, how long it will take and the key learning for today's session.
- Ensure they have any resources needed for activity in the video.

### You will need...

- Video link
- A cuddly toy
- Presentation for Prayer



### 3. Opening prayer

Heavenly Father,  
We get lost sometimes and need our  
friend Jesus to come and find us.  
Help us to open our heart to hear  
him calling us.

We make this prayer in Jesus' name.

**All:** Amen

### 4. Warm up activity

Ask the children to type the name of their cuddly toy and hold it up to the camera for us to see. One of the leaders could mention a few names and ask a few children to tell them why they like their cuddly toy.

If one of the leaders also has a cuddly toy. They could introduce it and talk about how good it is to have friends. This is an ideal opportunity to introduce the saint of the day as our heavenly friend, who helps us on our journey.

### 5. Saint of the day

Today's saint is Augustine. His mum was a holy woman, but he didn't want to be like her, so when he got older, he ran away and lived a very different life. Then one day he met a Bishop called Ambrose. Jesus touched the heart of Augustine through the words of Bishop Ambrose. Augustine experienced the amazing love of God and gave everything up to follow Jesus. He wanted everyone to find God so found different ways to tell people about his friend, Jesus. Here is one of his sayings,

'Let the children come,  
the poorly to the doctor,  
let the lost come  
to the redeemer,  
let them come;  
don't let anyone forbid them...  
We all got lost together; let us  
all be found together in Christ.'

Sermon 115,4

### 6. Watch Video

We are going to watch a video with some new friends, the Pandas. They get up to all sorts, let's see what happens today, maybe we can even help them somehow.

### 7. Group discussion

After the video, help the children explore the theme through using the following questions,

- ☐ What happened to Milo?
- ☐ How did he feel when he lost the pic?
- ☐ Have you ever lost anything that you really liked?
- ☐ Who did the Pandas meet who also lost something he loved?
- ☐ How do you think Jesus feels when we turn away from him?
- ☐ Why does Jesus come looking for us?

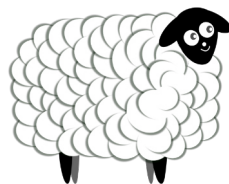
If you have enough facilitators this can be done in smaller groups, using multiple rooms. However, if this is not possible, you can also ask people to respond via the chat and then ask them to tell you a little more.

### 8. Family challenge

Encourage the families present to talk about today's session using the following questions,

- ☐ What did you learn from today?
- ☐ What questions do you have?
- ☐ What experiences have you had about getting lost and then being found?

If you will send the questions via email, mention it here so people can subscribe to your email list.



### 9. Parish announcements

We would love to see you at the following events/services,  
Sunday Mass at \_\_\_\_am/pm or online via: \_\_\_\_\_

Next week our session is called '**The Duck Awards**' where we will explore the theme of praise. We would love you to bring something small from nature that you find out in your garden, or on a walk. It should be **something you think is beautiful**.

### 10. Closing prayer

Begin with the Sign of the Cross  
Prayer Intention: Today we pray for people who feel lost, those who have turned away from God and really miss His love.

**Our Father - Hail Mary - Glory be**

**Leader:** St Augustine,

**All:** Pray for us.

**Leader:** Mary, help of Christians,

**All:** Pray for us.

Finish with the Sign of the Cross

# Praise

## CHEEKY PANDAS

### The Duck Awards

**Key Learning:** We are made to praise God any time, any place, any situation.

‘The Lord has done great things for us, and we rejoiced’

Psalm 126:3

## Session Outline

### 1. Informal welcome as families arrive

### 2. Official welcome

Introduce the title, theme and all members of your team to all present, including the person to contact if they have technical issues, questions or concerns.

Outline what will happen during this session, how long it will take and the key learning for today's session.

Ensure they have any resources needed for activity in the video.

### 3. Opening prayer

Lord make Me an instrument of Your peace  
Where there is hatred let me sow love.  
Where there is injury, pardon.  
Where there is doubt, faith.  
Where there is despair, hope.  
Where there is darkness, light.  
Where there is sadness joy.  
O Divine master grant that I may  
Not so much seek to be consoled as to console  
To be understood, as to understand.  
To be loved. as to love  
For it's in giving that we receive  
And it's in pardoning that we are pardoned  
And it's in dying that we are born to eternal life.

## Saint of the Day

**St Francis and St Clare** were from the small city of Assisi in Italy. St Francis was the son of rich parents who gave up everything he owned to follow Jesus. He loved the beauty of creation and thought all of nature praised God through its beauty. St Clare heard St. Francis preach and asked him to help her live according to the Gospel. She wanted to live a simple life of work and prayer. They were great soul friends who encouraged many others to praise God through a simple life.

## You will need...

- Cheeky Pandas Video
- Something small and beautiful e.g. flower or stone
- Presentation for Prayer



## 4. Warm up activity

Invite the children who have brought something to show during the session to hold it up to the camera. This could be done using different categories e.g. flowers, stones, animals finishing with something else, so everyone has the opportunity to share.

## 5. Saint of the day

Today we have two friends who were great friends St Francis and St Clare. They both came from rich families but didn't know what to do with their lives until they became friends with Jesus. When this happened, they decided to give everything up to follow Jesus. St Francis would spend hours looking at the beauty of nature and could see God's glory reflected in nature. St. Clare followed in her friend's footsteps and encouraged others to praise God no matter what happened in their lives.

**St Clare:** 'Love Him totally, who gave Himself totally for your love.'

**St Francis:** 'Be praised, my Lord, through all your creatures, especially through my lord Brother Sun, who brings the day; and you give light through him. And he is beautiful and radiant in all his splendour! Of you, Most High, he bears the likeness.'

## 6. Watch video

It is a special day for the Pandas, let's see what happens. Remember to watch carefully as there are some questions afterwards.

## 7. Group discussion

After the video, help the children explore the theme through using the following questions,

- ☐ What happened to CJ to make her so sad?
- ☐ What did you learn about the Venus fly trap?
- ☐ Why is it so important to keep praising God?
- ☐ Can you think of a time when you were disappointed?

What difference does it make to know that God loves us even when bad things happen?

If you have enough facilitators this can be done in smaller groups, using multiple rooms. However, if this is not possible, you can also ask people to respond via the chat and then ask them to tell you a little more.

## 8. Family challenge

Encourage the families present to talk about today's session using the following questions,

- ☐ What did you learn from today?
- ☐ What questions do you have?
- ☐ What happens to our hearts when we praise God?

If you will send the questions via email, mention it here so people can subscribe to your email list.



## 9. Parish announcements

We would love to see you at the following events/services,

Sunday Mass at \_\_\_\_\_am/pm or online via: \_\_\_\_\_

Next week our session is called 'The Birthday gift' where we will learn the importance of Thanking God. We would love to see one of your favourite birthday presents, if you bring it with you to the next session.

## 10. Closing prayer

Begin with the Sign of the Cross

Prayer Intention: Today we pray for people who have been let down or are going through a difficult time. May the Holy Spirit raise their hearts so they can praise God in every situation.

**Our Father - Hail Mary - Glory be**

**Leader:** St Francis and St Clare,

**All:** Pray for us.

**Leader:** Mary, help of Christians,

**All:** Pray for us.

Finish with the Sign of the Cross



# THANKS

## CHEEKY PANDAS

### The Birthday Gift

**Key Learning:** Every good and perfect gift comes from God.

Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change.

James 1:17

## Session Outline

### 1. Informal welcome as families arrive

### 2. Official welcome

Introduce the title, theme and all members of your team to all present, including the person to contact if they have technical issues, questions or concerns.

Outline what will happen during this session, how long it will take and the key learning for today's session.

Ensure they have any resources needed for activity in the video.

### 3. Opening prayer

Heavenly Father,  
We thank you for this beautiful day. We thank you for our friends, family and for countless other things you provide us every day. Please help us to listen to the message you want us to hear today.

We make this prayer in the name of Jesus, our Lord. Amen

### 4. Warm up activity

Invite the children who have brought their birthday presents to hold it up to the camera.

Ask one or two of them to tell us about their present and how they felt when they received it.

## Saint of the Day

**St Gianna** A young mother of three children, she decided to follow Jesus from her youth. She regarded her work as a doctor to be her mission. When expecting her fourth child, there were complications with her pregnancy. However, she decided to put the life of her child before her own and asked that any treatment be primarily for her child. Her daughter was born fit and well, but she did not survive the birth. At her death she repeated 'Jesus, I love you!'

## You will need...

- ☐ Video
- ☐ A birthday present that you love to show to participants
- ☐ Presentation for Prayer



## 5. Saint of the day

Today's saint was a mother who gave up everything for her children. She loved them so much. She also knew how to thank God in good times and when things didn't go the way she hoped. She said ...

'...The secret of happiness is to live moment by moment and thank God for what he is sending us every day in his goodness.'

## 6. Watch Video

We are going to check in with the Pandas now, someone has a birthday coming up, let's see what happens this week. Remember to watch and listen carefully as we have some questions afterwards.



## 7. Group discussion

After the video, help the children explore the theme through using the following questions,

- ☐ Why is it so important to be thankful?
- ☐ Can you think of a time when you were grateful?
- ☐ What difference does it make when we thank God?

If you have enough facilitators this can be done in smaller groups, using multiple rooms. However, if this is not possible, you can also ask people to respond via the chat, then ask them to tell you a little more.

## 8. Family challenge

Encourage the families present to talk about today's session using the following questions,

- ☐ What did you learn from today?
- ☐ What questions do you have?
- ☐ What happens when we are grateful, even in difficult times?

You may want to offer to send this out via email after the session.

## 9. Parish announcements

We would love to see you at the following events/services, Sunday Mass at \_\_\_\_am/pm or online via:\_\_\_\_\_ Next week our session is called 'The Missing Pizza' where we will learn the important of saying sorry. You are welcome to bring a snack and a friend next week.

## 10. Closing prayer

Begin with the Sign of the Cross  
**Prayer Intention:** Today we pray for a grateful heart that thanks God for all the gifts we receive and has the Holy Spirit to help us to see the many things we can thank God for in our lives.

**Our Father - Hail Mary - Glory be**

**Leader:** St Gianna,

**All:** Pray for us.

**Leader:** Mary, help of Christians,

**All:** Pray for us.

Finish with the Sign of the Cross

# SORRY

## CHEEKY PANDAS

### The Missing Pizza

**Saint of the Day**

**Key Learning:** Even though it's not always easy, when we do something wrong, it's important to say sorry, knowing Jesus will always forgive us.

'Therefore, I tell you, her sins, which were many, have been forgiven; hence she has shown great love.'

Luke 7:47

## Session Outline

### 1. Informal welcome as families arrive

### 2. Official welcome

Introduce the title, theme and all members of your team to all present, including the person to contact if they have technical issues, questions or concerns.

Outline what will happen during this session, how long it will take and the key learning for today's session.

Ensure they have any resources needed for activity in the video.

**St. Padre Pio** was a priest who was known for being close to God and loving others. He was so close to Jesus that he carried the wounds of Christ on his body.

As soon as he was old enough, he became a priest and loved to hear people's confession, helping those who were sorry for what they had done wrong receive God's merciful love by coming close to Jesus Christ.

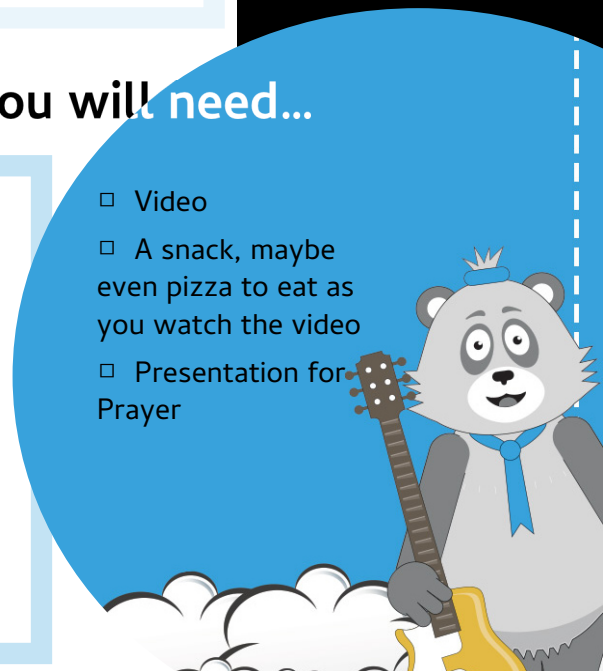
## You will need...

### 3. Opening prayer

Stay with me, Lord,  
because I am weak and I need Your strength,  
that I may not fall so often.  
Help me to know that when I do something wrong  
that you want me to run to you, to say sorry,  
knowing that you will forgive me and help me start over.

Amen

- ☐ Video
- ☐ A snack, maybe even pizza to eat as you watch the video
- ☐ Presentation for Prayer





## 4. Warm up activity

Invite the children who have brought a snack to hold it up to the camera. This could be done by asking for different types of snack, e.g. fruit, nuts, chocolates, crisps, then something else. Ask them what they like about their snack and let them know that they are welcome to eat the snacks whilst watching the video.

## 5. Saint of the day

Today our saint, Pio, was close to Jesus from being a little boy. He often saw angels, Jesus and Mary as a child and thought that everyone else did too. When he grew up, he became a priest and loved to help people receive God's mercy by listening to their confession. Confession is when we can go and tell the priest about what we have done wrong so that Jesus can give us his forgiveness through the priest. St Pio really wanted people to know that Jesus waits for us with open arms, wanting to forgive us when we have done something wrong, because he loves us. He said...

'...I wish my voice could reach all sinners: Come to Christ where all is love.'

## 6. Watch Video

We all have our favourite food, and it is no fun when it goes missing. Let's see what happens between Benji and CJ today.

## 7. Group discussion

After the video, help the children explore the theme through using the following questions,

- ☐ What happened to Benji's favourite snack?
- ☐ Why do you think CJ struggled?
- ☐ Can you think of a time when you needed to say sorry?
- ☐ Did you find it easy or difficult to say sorry? Why?

If you have enough facilitators this can be done in smaller groups, using multiple rooms. However, if this is not possible, you can also ask people to respond via the chat and then ask them to tell you a little more.

## 8. Family challenge

Encourage the families present to talk about today's session using the following questions,

- ☐ What did you learn from today?
- ☐ What questions do you have?
- ☐ How do we feel about saying sorry when we have done something wrong?
- ☐ How has this session made a difference?

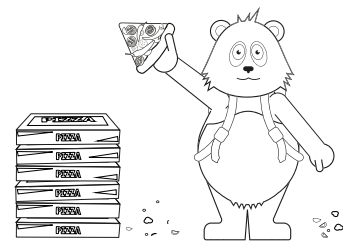
If you will send the questions via email, mention it here so people can subscribe to your email list.

## 9. Parish announcements

We would love to see you at the following events/services,

Sunday Mass at \_\_\_\_am/pm or online via:\_\_\_\_\_

Next week our session is called The Broken Song Machine. We will be thinking about how we all have something to offer. We would like to you think about how someone has offered to help you so that you can tell us about it.



## 10. Closing prayer

Begin with the Sign of the Cross  
Prayer Intention: Today we pray for the times we have done something wrong and ask for Jesus to forgive us and show us how to do better next time.

Our Father - Hail Mary - Glory be

**Leader:** St Pio,

**All:** Pray for us.

**Leader:** Mary, help of Christians,

**All:** Pray for us.

Finish with the Sign of the Cross

# OFFER

## CHEEKY PANDAS

### The Missing Guitar Pic

**Key Learning:** We all have something to offer to others to help them, and it's important to listen when someone is offering to help you.

'But we have this treasure in clay jars, so that it may be made clear that this extraordinary power belongs to God and does not come from us.'

2 Corinthians 4:7

## Session Outline

### 1. Informal welcome as families arrive

### 2. Official welcome

Introduce the title, theme and all members of your team to all present, including the person to contact if they have technical issues, questions or concerns.

Outline what will happen during this session, how long it will take and the key learning for today's session.

Ensure they have any resources needed for activity in the video.

### 3. Opening prayer

Dear Jesus,  
Help us to spread your fragrance everywhere we go.  
Shine through us and be so in us that every soul  
we come in contact with  
may feel your presence in our soul.  
May we love one another as God loves each one of us,  
and recognise the gifts and talents of those around us  
are reflections of your presence in our lives.  
Amen.

## Saint of the Day

St Teresa became famous as the Catholic nun who dedicated her life to caring for the destitute and dying in slums all around the world. She started in India and then as other women joined her. They became known as The Missionaries of Charity. They look after abandoned babies, people who are dying and to help the poorest of the poor. She them to experience God's love through her actions and taught others to do the same.

## You will need...

- ☐ Video
- ☐ A story of how someone helped you
- ☐ Presentation for Prayer



## 4. Warm up activity

Invite the children to write the name of a person who has offered them help. Acknowledge their responses and ask a few of them to tell the group about the person, how they offered to help and what happened.

## 5. Saint of the day

Today our saint is St Teresa of Calcutta, but most people know her as Mother Teresa. When she was a young girl she saw a man dying on the street in Calcutta and found a place to take care of him in his last days. She wanted everyone to know that they were loved, no matter how poor or sick they were. Other women and men joined her so people all over the world are cared for in their difficulties. She also knew how important it was to accept the help of others and saw their offering as a gift from God for the people she cared for. She often said...

‘...Not all of us can do great things, but all of us can do small things with great love.’

## 6. Watch Video

Things sometimes go wrong for the Pandas. Let's see what happens and how they deal with it.

## 8. Family challenge

Encourage the families present to talk about today's session using the following questions,

- What did you learn from today?
- What questions do you have?
- What gifts do the different members of your family have?

If you will send the questions via email, mention it here so people can subscribe to your email list.



## 7. Group discussion

After the video, help the children explore the theme through using the following questions,

- What happened to Lulu?
- What did she need to help her fix the machine?
- What happens when we accept the help of others?
- What fruits of the Holy Spirit in your friends and family, or other people you know?

If you have enough facilitators this can be done in smaller groups, using multiple rooms. However, if this is not possible, you can also ask people to respond via the chat and then ask them to tell you a little more.

## 10. Closing prayer

Begin with the Sign of the Cross

**Prayer Intention:** Today we pray for people who don't know that they have been given many gifts from God that can help other people. May they come close to their friend, Jesus, who will show them how to use their gifts. We also pray for people who offer to help us, open our eyes to see how God wants to help us through the people he sends to us.

**Our Father - Hail Mary - Glory be**

**Leader:** St Teresa of Calcutta

**All:** Pray for us.

**Leader:** Mary, help of Christians,

**All:** Pray for us.

Finish with the Sign of the Cross

## 9. Parish announcements

We would love to see you at the following events/ services,

Sunday Mass at \_\_\_\_\_am/pm or online via: \_\_\_\_\_

Next week's session is called The After Show Party and we will learn about how good it is to take time to talk to God. Next week, we would like you to bring something that helps to communicate with people you care about.

# PRAY FOR CHEEKY PANDAS

## The After Show Party

### Saint of the Day

**Key Learning:** We need to always make time to talk to God.

He entered Jericho and was passing through it. A man was there named Zacchaeus; he was a chief tax collector and was rich.

He was trying to see who Jesus was, but on account of the crowd he could not, because he was short in stature. So he ran ahead and climbed a sycamore tree to see him, because he was going to pass that way.

When Jesus came to the place, he looked up and said to him, "Zacchaeus, hurry and come down; for I must stay at your house today." So he hurried down and was happy to welcome him.

All who saw it began to grumble and said, "He has gone to be the guest of one who is a sinner." Zacchaeus stood there and said to the Lord, "Look, half my possessions, Lord, I will give to the poor; and if I have defrauded anyone of anything, I will pay back four times as much.

Then Jesus, said to him "Today salvation has come to this house, because he too is a son of Abraham. For the Son of Man came to seek out and to save the lost."

Luke 19:1-10

**St Monica** knew the power of prayer and continuously prayed for her husband, his mother and her children to become Christian. She was persistent in prayer for her children, especially Augustine, who had gone off to follow another religion. Thanks to the combination of his mother's prayer, friendship and wise words, her son was converted. Many people ask St Monica to help them with their family who are going through difficult times.

## Session Outline

### 1. Informal welcome as families arrive

### 2. Official welcome

Introduce the title, theme and all members of your team to all present, including the person to contact if they have technical issues, questions or concerns.

Outline what will happen during this session, how long it will take and the key learning for today's session.

Ensure they have any resources needed for activity in the video.

### You will need...

- ☐ Video
- ☐ Something you use to communicate
- ☐ Presentation for Prayer



### 3. Opening prayer

Dear Jesus,

Thank you for being our friend and for wanting to spend time with us. Sometimes it is easy to forget to pray, so we ask you to send the Holy Spirit to help us find time for you each day. Amen.

### 4. Warm up activity

Ask the children about how they communicate with their friends and families especially in these strange times and invite those who have brought something to show you what they brought e.g. mobile. You may want to ask them why it is important to keep in touch with people.

### 5. Saint of the day

Today our saint was a Holy Mother, St Monica. She really wanted all of her family to be friends with Jesus as she did, but they didn't always want to hear what she had to say. This didn't put her off because she knew that Jesus would always listen to her when she prayed. So, she prayed for her family, many of whom eventually became friends with Jesus too.

Can anyone remember the name of the saint from the first session? (St Augustine) St Monica was his mother. She said that...

'...Nothing is far from God.'

### 6. Watch Video

It's big night for the Pandas, but they forget something important, can you work out what that might be?

### 7. Group discussion

After the video, help the children explore the theme through using the following questions,

- ☐ What do you like about parties?
- ☐ What were some of the great things at the Pandas' party?
- ☐ What was missing from the Pandas' party?
- ☐ How did they solve this problem?
- ☐ God loves us and loves to hear from us.
- ☐ How do you talk to him?
- ☐ What kind of thing might you talk to God about when you pray?

If you have enough facilitators this can be done in smaller groups, using multiple rooms. However, if this is not possible, you can also ask people to respond via the chat and then ask them to tell you a little more.

### 9. Parish announcements

We would love to see you at the following events/services, Sunday Mass at \_\_\_\_am/pm or online via: \_\_\_\_\_  
Next week we will learn about the armour of God and how it helps us to be brave. We would love to see something you use to protect yourself. This could be something you wear when you play sport, like shin pads, something that keeps you dry when it rains or even something that keeps you safe when it is sunny.

### 8. Family challenge

Encourage the families present to talk about today's session using the following questions,

- ☐ What did you learn from today?
- ☐ What questions do you have?
- ☐ What happens when you pray?

If you will send the questions via email, mention it here so people can subscribe to your email list.

### 10. Closing prayer

Begin with the Sign of the Cross  
Prayer Intention: Today we pray for the desire to talk to you every day, knowing that God wants to hear what we have to say. We also pray for the ability to listen to God speak into our lives, so we follow in the footsteps of Jesus in all we do.

**Our Father - Hail Mary - Glory be**

**Leader:** St Monica,

**All:** Pray for us.

**Leader:** Mary, help of Christians,

**All:** Pray for us.

Finish with the Sign of the Cross



# HELP

## CHEEKY PANDAS

### Help, Spider Madness

**Key Learning:** We learn about the armour of God and how it helps us be brave.

Jesus replied, "A man was going down from Jerusalem to Jericho, and fell into the hands of robbers, who stripped him, beat him, and went away, leaving him half dead.

Now by chance a priest was going down that road; and when he saw him, he passed by on the other side. So, likewise a Levite, when he came to the place and saw him, passed by on the other side.

But a Samaritan while travelling came near him; and when he saw him, he was moved with pity. He went to him and bandaged his wounds, having poured oil and wine on them.

Then he put him on his own animal, brought him to an inn, and took care of him. The next day he took out two denarii, gave them to the innkeeper, and said, 'take care of him; and when I come back, I will repay you whatever more you spend.'

Which of these three, do you think, was a neighbour to the man who fell into the hands of the robbers?" He said, "The one who showed him mercy." Jesus said to him, "God and do likewise."

Luke 10:30-37

### Saint of the Day

St Jude the Apostle St Jude Thaddeus was one of the apostles. He is the patron saint of 'hopeless cases' because people who go to his graveside asking for help with really difficult situations have had their prayers answered.

Some think that he understands difficult situations because people might have confused him with Judas, who betrayed Jesus.

## Session Outline

### 1. Informal welcome as families arrive

### 2. Official welcome

Introduce the title, theme and all members of your team to all present, including the person to contact if they have technical issues, questions or concerns.

Outline what will happen during this session, how long it will take and the key learning for today's session.

Ensure they have any resources needed for activity in the video.

### You will need...

- Video
- Something you use to protect yourself e.g. an umbrella, sun cream
- Presentation for Prayer



### 3. Opening prayer

Heavenly Father,

Thank you for each person who has come to the session today. Help us to realise that we are precious in your eyes and that you help us to be strong when we face difficulties. Please help us to trust in you more and more each day.

We make this prayer in the name of Jesus Christ our Lord. Amen.

### 4. Warm up activity

Invite the children to tell you of things that we might need protection from in nature. If they have brought something to show, ask them to hold it up to the camera and tell you how it protects them. Encourage them to see that in one way or another these things help us to stay safe.

### 5. Saint of the day

Today our saint is St Jude Thaddeus, one of the Apostles. His name is very similar to a follower of Jesus who betrayed him, can they guess who it might be? St Jude is mentioned in the Bible, when he asks Jesus a question and the writer makes a point of letting us know that it is not Judas Iscariot. Perhaps this was a difficulty St Jude had to overcome, being mistaken for someone who betrayed Jesus. With the help of God, St Jude became the patron saint of hopeless causes because people who ask for his prayers often get a positive response, even if the situation seems hopeless.

‘But, Lord, why do you intend to show yourself to us and not to the world?’

### 6. Watch video

Something has given the Pandas a fright, let's see what happens today.

### 8. Family challenge

Encourage the families present to talk about today's session using the following questions,

- ☐ What did you learn from today?
- ☐ What questions do you have?
- ☐ What part of the armour of God did you like?

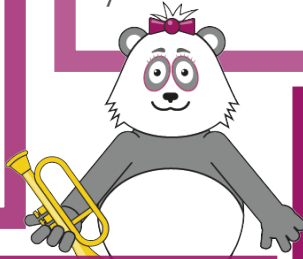
If you will send the questions via email, mention it here so people can subscribe to your email list.

### 7. Group discussion

After the video, help the children explore the theme through using the following questions,

- ☐ What scared the Pandas in the video?
- ☐ What did they do about it on their own?
- ☐ What difference did it make when they asked God for help?
- ☐ What has happened when you have asked God for help?
- ☐ If you haven't what stops you from asking?

If you have enough facilitators this can be done in smaller groups, using multiple rooms. However, if this is not possible, you can also ask people to respond via the chat and then ask them to tell you a little more.



### 10. Closing prayer

Begin with the Sign of the Cross  
Prayer Intention: We pray for people who are frightened or experiencing difficulties. May they know how God wants to help them and have the courage to trust in him

**Our Father - Hail Mary - Glory be**

**Leader:** St Jude the Apostle,

**All:** Pray for us.

**Leader:** Mary, help of Christians,

**All:** Pray for us.

Finish with the Sign of the Cross

### 9. Parish announcements

We would love to see you at the following events/ services,

Sunday Mass at \_\_\_\_\_am/pm or online via: \_\_\_\_\_

Next week our session is called The Wrong Box, where we will find out about finding the best treasure ever.

We would love to see something small that you treasure, so please bring it with you to the next session.

# ADORE

## CHEEKY PANDAS

### The Wrong Box

**Key Learning:** The best treasure to find is God and understanding just how much he loves you.

The Kingdom of Heaven is like a treasure hidden in a field, which someone found and hid; then in his joy he goes and sells all that he has and buys a field.

Matthew 13:44

## Session Outline

### 1. Informal welcome as families arrive

### 2. Official welcome

Introduce the title, theme and all members of your team to all present, including the person to contact if they have technical issues, questions or concerns.

Outline what will happen during this session, how long it will take and the key learning for today's session.

Ensure they have any resources needed for activity in the video.

### 3. Opening prayer

Heavenly Father,

Thank you for calling us your sons and daughters in Christ.

Please help us to treasure your love in our hearts as we grow deeper in faith.

We make this prayer in the name of Jesus Christ our Lord. Amen

### 4. Warm up activity

Ask the children what they treasure. If they have brought it with them invite them to show their little treasures to everyone present. They may also want to tell you why these things are so precious to them.

## Saint of the Day

**Carlo Acutis** was a teenager who loved the real presence of Jesus in the Eucharist.

Although his parents were not keen on him going to Mass, he served at daily Mass and set up a website to tell people about the real presence of Jesus around the World.

On this website, he told people, "the more often we receive the Eucharist, the more we will become like Jesus, so that on this earth we will have a foretaste of heaven."

## You will need...

- ☐ Video
- ☐ Something you treasure
- ☐ Presentation for Prayer



## 5. Saint of the day

Today we have someone who is on their way to being a saint, Blessed Carlo Acutis. He came close to Jesus by becoming an altar server at Mass. He adored Jesus in Holy Communion and wanted everyone to know of miracles that happened so used his skills to build a website featuring the good things God has done. He shows us how to search for the real treasure God has in store for us.

'To always be close to Jesus,  
that's my life plan.'

## 6. Watch video

It's a busy day of spring cleaning for the Pandas today, but things don't always go smoothly. Let's see what happens today.

## 7. Group discussion

After the video, help the children explore the theme through using the following questions,

- What happens when the Pandas finish their spring cleaning?
- How do you think they felt when they found what they were looking for?
- What is it like to feel loved? Have you experienced God's love? What do you think it would be like?

If you have enough facilitators this can be done in smaller groups, using multiple rooms. However, if this is not possible, you can also ask people to respond via the chat and then ask them to tell you a little more.



## 9. Parish announcements

We would love to see you at the following events/services,  
Sunday Mass at \_\_\_\_\_am/pm or online via: \_\_\_\_\_  
Next week our session is called The Lost Coin, where we will explore how exciting it is to be friends of God. Please bring a penny with you.

## 8. Family challenge

Encourage the families present to talk about today's session using the following questions,

- What did you learn from today?
- What questions do you have?
- What do you think changes when you know God loves you?

If you will send the questions via email, mention it here so people can subscribe to your email list.

## 10. Closing prayer

Begin with the Sign of the Cross

**Prayer Intention:** We pray for people who are searching for purpose in life, people who are lonely and those who are confused. May they find the treasure of God's love and be brave enough to hold on to it as they begin to follow Jesus.

**Our Father - Hail Mary - Glory be**

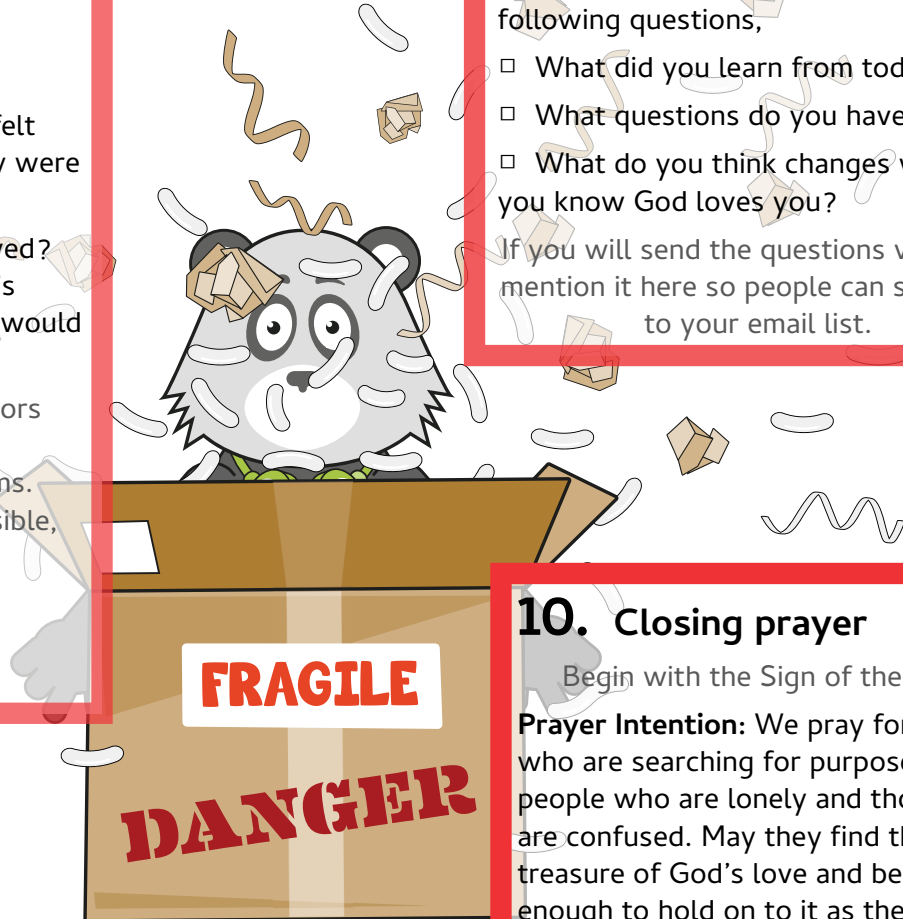
**Leader:** St Carlo Acutis,

**All:** Pray for us.

**Leader:** Mary, help of Christians,

**All:** Pray for us.

Finish with the Sign of the Cross



# CELEBRATE

## CHEEKY PANDAS

### The Lost Coin

**Key Learning:** Being friends with God is really exciting because he is amazing! When we know him, we say OH WOW! Just like when we find a lost coin.

**Saint of the Day**

**St Nicholas**

The true story of Santa Claus begins with Nicholas. His wealthy parents, who raised him to be a devout Christian, died in an epidemic while Nicholas was still young. Obeying Jesus' words to "sell what you own and give the money to the poor," Nicholas used his whole inheritance to help the needy, the sick, and the suffering.

He dedicated his life to serving God and was made Bishop of while still a young man. He became known for his generosity to those in need.

"... what woman having ten silver coins, if she loses one of them, does not light a lamp, sweep the house, and search carefully until she finds it? When she has found it, she calls together her friends and neighbours, saying, 'Rejoice with me, for I have found the coin that I had lost.' Just so, I tell you, there is joy in the presence of the angels of God over one sinner who repents"

Luke 15:8-10

## Session Outline

### 1. Informal welcome as families arrive

### 2. Official welcome

Introduce the title, theme and all members of your team to all present, including the person to contact if they have technical issues, questions or concerns.

Outline what will happen during this session, how long it will take and the key learning for today's session.

Ensure they have any resources needed for activity in the video.

### 3. Opening prayer

Heavenly Father,

Thank You for everything you have given to me. All the good things and the bad things, I really appreciate everything, even the smallest thing.

Help me to see the gifts you give me every day.

We make this prayer in Jesus' name, Amen.

## You will need...

- Video
- A penny
- Presentation for Prayer





## 4. Warm up activity

Ask the children if they have their penny, you may want to invite them to hold it up to the camera. You may want to ask the families what they are saving up for. They could put it into the chat for you to read out. Today we will hear about someone who is saving up for something very special.

## 5. Saint of the day

Today our saint is St Nicholas, he was a rich young man who used his coins to help other people. On one occasion he helped a family who were struggling by dropping some gold coins, that were in a bag, through an open window. The bags dropped into the children's shoes. That is why on his feast day some people put gifts in their children's shoes. St Nicholas love to celebrate, especially at Christmas and many people celebrated because of his generosity, not to mention the different things God did through him.

"The giver of every good and perfect gift has called upon us to mimic Gods giving, by grace, through faith, and this is not of ourselves."

## 6. Watch Video

Benji is saving for something today. Let's see how he gets on.

## 7. Group discussion

After the video, help the children explore the theme through using the following questions,

- ☐ What happened to Benji today?
- ☐ What story did the Panda's find out about?
- ☐ Why might you say, 'Oh Wow!'?
- ☐ Tell us about a time that you lost something you really loved and then found it. How did you feel when you found it? What did you do to celebrate?

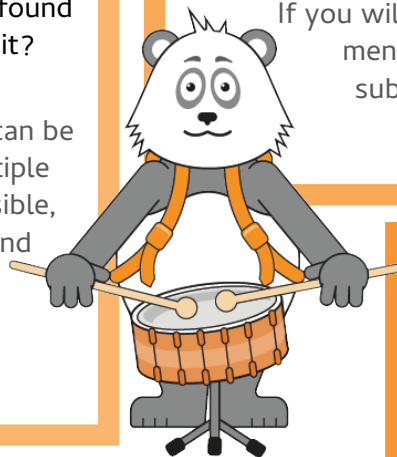
If you have enough facilitators this can be done in smaller groups, using multiple rooms. However, if this is not possible, you can also ask people to respond via the chat and then ask them to tell you a little more.

## 8. Family challenge

Encourage the families present to talk about today's session using the following questions,

- ☐ What did you learn from today?
- ☐ What questions do you have?
- ☐ What would you celebrate finding?
- ☐ Why would you celebrate?
- ☐ Why do you think there is rejoicing in heaven when a sinner repents (says sorry)?

If you will send the questions via email, mention it here so people can subscribe to your email list.



## 9. Parish announcements

We would love to see you at the following events/services,

Sunday Mass at \_\_\_\_\_am/pm or online via:\_\_\_\_\_

Our session next week is called The Silent Disco where we will be thinking about how we sometimes need help to listen to what God is saying to us. Please bring some paper and colouring in pencils or pens with you.

## 10. Closing prayer

Begin with the Sign of the Cross

**Prayer Intention:** Today we pray for people who feel lost and those we have lost contact with. May they know how much God loves them and wants to welcome back to the family.

**Our Father - Hail Mary - Glory be**

Leader: St Nicholas,

All: Pray for us.

Leader: Mary, help of Christians,

All: Pray for us.

Finish with the Sign of the Cross

# SILENCE

## CHEEKY PANDAS

### The Silent Disco

**Key Learning:** Sometimes we need to be quiet so that we can listen to what God is saying to us.

The wise lay-up knowledge, but the babbling of a fool brings ruin near.

Proverbs 10:14

## Session Outline

### 1. Informal welcome as families arrive

### 2. Official welcome

Introduce the title, theme and all members of your team to all present, including the person to contact if they have technical issues, questions or concerns.

Outline what will happen during this session, how long it will take and the key learning for today's session.

Ensure they have any resources needed for activity in the video

### 3. Opening prayer

Heavenly Father,

We want to follow the example of Jesus by taking time to listen and follow your ways. Please help us to hear you when we are silent.

We make this prayer in the name of Jesus our Lord, Amen.

## Saint of the Day

**St Benedict** wanted to follow Jesus from a young age and wanted to be really close to him so spent three years living in a cave, being guided by a more experienced monk. The silence helped him to respond to God's call. Other men wanted to learn how to live as monks so St Benedict put together some rules to help them and started up communities so they could live out their faith together. The Rule of St Benedict is the most widely used guide to this type of life.

## You will need...

- ☐ Video
- ☐ Paper and colouring in pencils or pens
- ☐ Presentation for Prayer



## 4. Warm up activity

Since the theme for today is silence you could play a game with the children that is similar to the one they will see in the video. Ask them to get their paper and pencil ready and that in a moment they will be asked to be silent for as long as possible. We want them to see how long they can keep silent, so ask them to unmute so you can hear one another.

Get their pencil ready to draw or write whatever they can hear when they are silent.

You may want to ask someone to time the silence.

Then countdown to start.

The game ends as soon as someone makes a noise.

Once it is done, invite the children to show or tell you what they could hear when they were silent.

## 5. Saint of the day

St Benedict is our saint for today. As a young man, he wanted to be sure that he could hear God and follow him so spent times of silence in a cave. God worked many miracles through him. Other people were amazed at these miracles and wanted to live like him, so he set up communities and rules to help them. He thought that by keeping silent our heart would hear what God wants to say to us. He said that...

'...Speaking and teaching are the master's task; the disciple is to be silent and listen.'

## 6. Watch Video

What do you think the Panda's will learn at the silent disco, let's have a look?

## 8. Family challenge

Encourage the families present to talk about today's session using the following questions,

- ☐ On a scale of 1 – 10 how much would you like to hear from God?
- ☐ What distractions might make it difficult for us to hear God speaking to us?

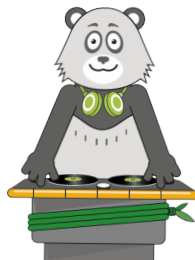
If you will send the questions via email, mention it here so people can subscribe to your email list.

## 7. Group discussion

After the video, help the children explore the theme through using the following questions,

- ☐ How did the Pandas get on with their game?
- ☐ What happened when the Pandas couldn't hear?
- ☐ How have you heard God speaking to you?

If you have enough facilitators this can be done in smaller groups, using multiple rooms. However, if this is not possible, you can also ask people to respond via the chat and then ask them to tell you a little more.



## 9. Parish announcements

We would love to see you at the following events/services, Sunday Mass at \_\_\_\_am/pm or online via:\_\_\_\_\_ Our next session is called The Power Cut where we will learn about the Holy Spirit – the power of God. It is our last session in this series, so we would love to see you all there. If you have a fan, or a piece of card you can make into a fan, please bring it with you next week.

## 10. Closing prayer

Begin with the Sign of the Cross

**Prayer Intention:** We pray for people who are distracted and confused, may they clear some space to listen to the still small voice of God.

**Our Father - Hail Mary - Glory be**

**Leader:** St Benedict,

**All:** Pray for us.

**Leader:** Mary, help of Christians,

**All:** Pray for us.

Finish with the Sign of the Cross

# PENTECOST

## CHEEKY PANDAS

### The Power Cut

**Key Learning:** God gives us his Holy Spirit - his power, which helps us to do things, and lets us know how much he loves us and that he is always with us.

When the day of Pentecost had come, they were all together in one place. And suddenly from heaven there came a sound like the rush of a wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.

Acts 2: 1-4

## Session Outline

### 1. Informal welcome as families arrive

### 2. Official welcome

Introduce the title, theme and all members of your team to all present, including the person to contact if they have technical issues, questions or concerns.

Outline what will happen during this session, how long it will take and the key learning for today's session.

Ensure they have any resources needed for activity in the video.

### 3. Opening prayer

Come Holy Spirit,

Fill us a fresh, with God's love so that we can see his power working in our lives.

We make this prayer in the name of Jesus Christ, our Lord.  
Amen

## Saint of the Day

### The Blessed Virgin

**Mary** helps us to welcome the Holy Spirit into our lives by her example. When greeting by the angel Gabriel and presented with God's will for her to become the mother of Jesus, she said yes and welcomed the Holy Spirit into her life. She invites us to do the same.

## You will need...

- ☐ Video
- ☐ Paper and colouring in pencils or pens
- ☐ Presentation for Prayer



## 4. Warm up activity

When the Holy Spirit came on the apostles there was a wind, so we are going to try to imagine what it would be like to experience this breeze using a fan. Ask the children to hold up their fan or piece of card, then if there is a parent/carer on the call with them, ask them to give it to their parent/carer and close their eyes. Then ask the parent/carer to fan the child/children. If there are some who are unaccompanied ask them to close their eyes and fan themselves. You may want to take a screenshot to show them what they look like when being fanned, if so, please be sure to delete it afterwards.

## 5. Saint of the day

Jesus' mother, Our Blessed Virgin Mary was there at Pentecost and was often a quiet presence among his disciples. She was the first to accept the Holy Spirit, when the angel Gabriel came to tell her that she would be the mother of Jesus. Thanks to her receiving the Holy Spirit, Jesus was born. She is an example of how God can work the impossible if we say yes to receiving his Holy Spirit. At the wedding feast of Cana, when they ran out of wine, she told the servants to listen to Jesus and...

'...do whatever he tells you.'

## 6. Watch Video

It's our last visit to the Pandas and they are preparing themselves for something big. Let's see what happens.

## 7. Group discussion

After the video, help the children explore the theme through using the following questions,

- ☐ What happened when the power was cut?
- ☐ What difference does the Holy Spirit make to us?
- ☐ How have you seen the Holy Spirit at work?

If you have enough facilitators this can be done in smaller groups, using multiple rooms. However, if this is not possible, you can also ask people to respond via the chat and then ask them to tell you a little more.

## 8. Family challenge

Encourage the families present to talk about today's session using the following questions,

- ☐ What did you learn from today?
- ☐ What questions do you have?
- ☐ What do you think of when the Holy Spirit is mentioned?

Take a moment to share any spiritual experiences you have had with one another.

If you will send the questions via email, mention it here so people can subscribe to your email list.



## 10. Closing prayer

Begin with the Sign of the Cross

**Prayer Intention:** We pray that everyone present will experience the power of God through the Holy Spirit in a new way.

**Our Father - Hail Mary - Glory be**

**Leader:** Blessed Virgin Mary,

**All:** Pray for us.

**Leader:** Mary, help of Christians,

**All:** Pray for us.

Finish with the Sign of the Cross

## 9. Parish announcements

We would love to see you at the following events/services,  
Sunday Mass at \_\_\_\_am/pm or online via:\_\_\_\_\_

This is the last session. We have really enjoyed spending time exploring our faith with you and would love to hear what you think of these sessions.