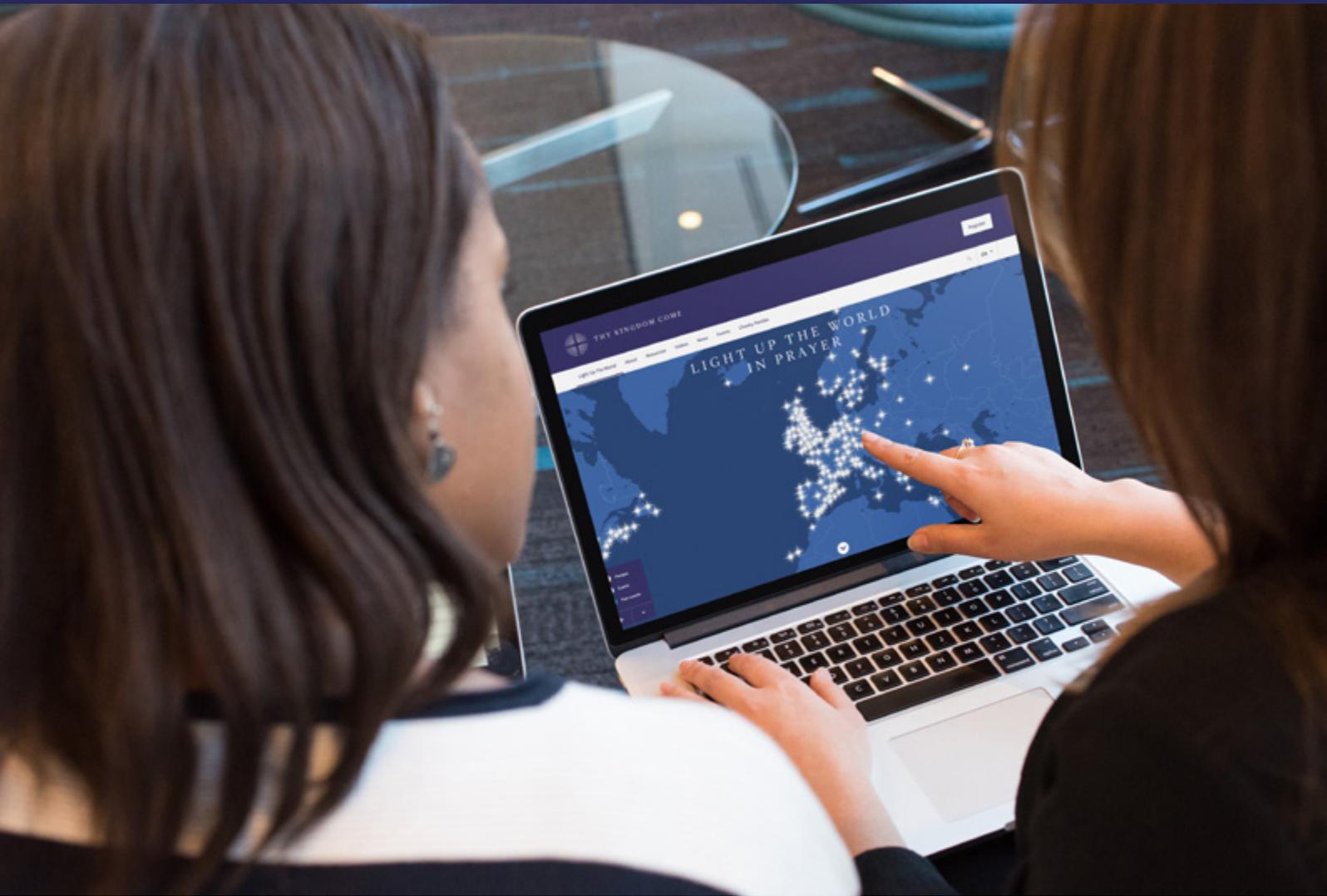




PRAYER IDEAS FOR YOUR WORKPLACE

THURSDAY 13 MAY – SUNDAY 23 MAY



FIVE IDEAS TO PRAY IN YOUR WORKPLACE

Do you pray with your colleagues at work?

Here are 5 easy ways to get started during Thy Kingdom Come this year.

1.



USE THIS WORKPLACE PRAYER DIARY TO GUIDE YOUR PRAYERS.

These are short reflections, you can add in any personal prayers you may have either for each other or for your organisation.

2.



28 PRAYER POINTS FOR YOUR ORGANISATION

Here are 28 prayer points to guide you through how you can pray for your organisation.

3.



WATCH AND SHARE

Watch and share these workplace video testimonies.

4.



INVITE

Invite your colleagues to join you.

5.



KEEP ON MEETING AFTER THE ELEVEN DAYS.

Register with Transform Work [here](#) who can help you on your journey.

WORKPLACE PRAYER DIARY

THURSDAY 13 MAY – SUNDAY 23 MAY

THURSDAY 13 MAY

DAY 1 – JESUS

- As we meet together to pray for our workplace today, let us focus our thoughts on the great love that God showed in sending His Son Jesus for us, to show us how to live life in all its fullness and to be reconciled to the Father through a painful death and glorious resurrection.
- Jesus was a worker, a craftsman, a self-employed businessman. Consider the dedication he would have shown to his work, to his customers, the quality of his workmanship.
- Let us lift up each of our colleagues in prayer today that they may know the love of God in Jesus. Over the next few days, let us rise to the challenge of following Jesus in our workplace, to care for those we work with and to deliver great service to our customers.

FRIDAY 14 MAY

DAY 2 PRAISE

- Every day is a new day, full of opportunity. Great is God's faithfulness, new every morning are his mercies. The God who made the universe is with us every day in our workplace, caring for us and wanting to share the work day with us – the frustrations, the challenges, the pain of failure, the thrill of achievement.
- God is with us whether we are working physically together or online, He is our ever-present help in time of trouble.
- Let us pray for a rising awareness of God's presence in our workplace, that we may praise Him and give Him the glory. Let us be increasingly conscious of the needs of those we work with and get alongside them as we work. Why not ask those you work with whether there is anything they need prayer for.
- If you work a Monday-Friday week, you may want to use the weekend reflections individually and share your experiences next Monday. Alternatively you could join together with your work colleagues online at the same time each day.

SAURDAY 15 MAY

DAY 3 – THANKS

- We are called to thank God in all circumstances, and this includes whether we feel our work is going well or not. We have much to thank God for in our workplace – our colleagues, our leaders, our customers, our finances.
- Reflect on how God provides for us with the insight for innovation, the creativity to bring products and services to market, the resilience when we are under pressure, the joys of success.
- Consider how we as followers of Jesus as his body can be a channel of God's love in our workplaces. Whether working hard to finish our work on time and to a high quality, or speaking well rather than ill of colleagues.

SUNDAY 16 MAY

DAY 4 – SORRY

- There can be many frustrations in the workplace and we can be tempted to react in negative ways, talking harshly to our colleagues, cutting corners and trying to avoid hard or tedious activities. It is into this environment that the Father sent His only Son Jesus to understand our work challenges and to provide a way back to the Father through a painful death and resurrection.
- Today, let's reflect on the week that has passed at work, confess our failures and receive forgiveness and new life for the new week. Let's commit ourselves to do better in this new week, to look out for those who are finding work difficult and stretch out a hand to help.

MONDAY 17 MAY

DAY 5 – OFFER

- Jesus told a number of parables about being lost – the lost coin, the lost sheep, the lost son. People can feel lost at work, whether it is a large workplace where they may feel a small cog in a large machine, or a smaller workplace but where they feel left out, marginalised.
- Consider who in your workplace feels marginalised, unnoticed, ignored? How could you help them feel

valued either as an individual or as your prayer group? Choose to spend time with them today and get to know them, let them know you care and offer the love that your Heavenly Father shows you every day.

TUESDAY 18 MAY

DAY 6 – PRAY FOR

- As followers of Jesus we are encouraged to bring our needs to God our Father, who loves to supply our needs. There are many things to pray for in our workplaces – peace and tolerance between colleagues, healing where there is division, guidance in making decisions, perseverance in difficult or tedious activities.
- Reflect on the challenges in your workplace and bring them to God in prayer. Resolve to talk to Him through the day and pray for situations as they arise.

WEDNESDAY 19 MAY

DAY 7 – HELP

- We are called to help those around us, to be salt in the workplace, improving the flavour of the culture we are in. As we think about our workplace, let's prayerfully review with God who can we help, what opportunities are there for us to support our colleagues. Are we known for our generosity, for our care of all colleagues?
- Are there things we could do as individuals or as a prayer group to help our organisation? Today, let's actively seek to be helpful to our colleagues, to look out for times when they may need or appreciate our support.

THURSDAY 20 MAY

DAY 8 – ADORE

- Busyness and business are two different things, but so often we confuse them. We can practice being aware of the presence of God in our workplace, learning how to be still inside, regardless of any external pressures.
- Our sense of purpose and worth are most highlighted in an ongoing time of adoration of God which lasts through our working day alongside tight delivery dates or a hectic schedule of meetings
- Let us seek to keep our prayer channel open today in adoration of God, who He is and His love for us. Let the pressures of the day be surrounded by His presence and a knowledge that He delights in us and in our colleagues. Come let us adore Him, throughout our working day.

FRIDAY 21 MAY

DAY 9 – CELEBRATE

- Recall the parable that Jesus told of the prodigal son, how the son went away from the Father and how the

father celebrated the return of his son. God is always there, waiting to share with us in our workplace.

- Today let us celebrate with Him as we see how He is working in the life of our organisation. Let us party with Him as we see the transformation that He can bring to our workplaces.
- Commit to continuing this journey of prayer at work, with your prayer group. Please let us know you are meeting in your workplace by registering here and let us know if you need any help to continue.
- If you work a Monday-Friday week, you may want to use the weekend reflections individually and share your experiences next Monday. Alternatively you could join together with your work colleagues online at the same time each day.

SATURDAY 22 MAY

DAY 10 – SILENCE

- Be still and know that I am God. The psalmist knew what it was like to be busy and the importance of silence to refresh our knowledge and wonder of God. It was in the quiet that Elijah felt the presence of God after the wind and the earthquake. Just being silent in the presence of the King of the Universe refreshes our souls and brings a wider perspective.
- Let God bring to mind the experiences of the last week in the workplace. In the good times and the bad times, ask His forgiveness for any failures and praise Him for any wins.
- Listen to what God has to say about your workplace and write down anything that may be helpful in the coming week. Resolve to share these words of life with your prayer group if you are not meeting today.

SUNDAY 23 MAY

DAY 11 – THY KINGDOM COME THE FIRST PENTECOST

- Jesus promised to send his followers the Holy Spirit as a comforter to us. Today we think about how The Holy Spirit came upon the first disciples at Pentecost, the change that this made to their courage and how the Holy Spirit enabled them to move forward in power.
- Welcome the Holy Spirit to come into your workplace, to transform your workplace and to enable God's kingdom of love and peace to come.
- Commit to continuing this journey of prayer at work, with your prayer group. Please let us know you are meeting in your workplace by registering [here](#) and let us know if you need any help to continue.

28 PRAYER POINTS FOR YOUR ORGANISATION

Feel free to pick the ones relevant to your organisation, where it says _____ make sure you change this to the name of the place you work. You can either pray these on your own or why not find other Christians in your workplace and pray through these together.

1. For God's vision and purpose to be at the heart of all that happens within _____
2. For the Christian heritage _____ (if you have them) to be strengthened and continue to bear fruit.
3. For _____ values – (list them here e.g., respect, integrity, service, excellence, stewardship) to embody all we do.
4. For God's peace and hope to saturate every workplace globally.
5. For strength for those in stressful and demanding roles, particularly senior leaders carrying the weight of company direction and other strategic decisions.
6. For the leadership to lead with courage and wisdom, and to be energised by their roles within _____.
7. For the wellbeing, guidance and support for those in very senior roles so they do not carry the burden alone; for timely refreshing through leave and family support.
8. For managers at every level to build, strengthen and support each team member effectively.
9. For every colleague to feel valued and empowered, resulting in a 'can do' approach.
10. For colleagues to take pride in their role in (your organisation) and seek to be the best they can be.
11. For a healthy work / life balance at every level; for greater awareness and use of dynamic working to restore and promote health and wellbeing. Acts 17:28 "In him we live and move and have our being."
12. For strengthening family relationships and quality time together. Psalm 133 "Behold, how good and how pleasant it is for brothers dwell together unity! 2 It is like the precious oil upon the head, coming down upon the beard, even Aaron's beard, coming down upon the edge of his robes. 3 It is like the dew of Hermon coming down upon the mountains of Zion; For there the LORD commanded the blessing—life forever...."
13. For relationships across _____ to be genuine, built on empathy and trust. 1 Peter 3:8 "Be like-minded, be sympathetic, love one another, be compassionate and humble."
14. For colleagues to be solution-focussed and divinely inspired with innovative ideas. Daniel 2.
15. For the continuation of stakeholder relationships to be built on integrity and respect.
16. For _____ to continue to impact positively on individuals and communities.
17. For wisdom in decision making, particularly when considering customers/clients, and developing new products.
18. For an ethical approach to saturate all our activities, and for God's blessing for doing things the right way.
19. For an approach that is counter-cultural to 'city' business and puts the vulnerable and weak on our agenda for additional care and attention.
20. For a genuinely customer-centric ethos across your organisation.
21. For increasing commitment by colleagues to environmental concerns and other stewardship issue.
22. For _____ to be acclaimed in the media for our genuine desire and action to make a significant positive difference in every sphere in which we do business.
23. For the heart of every Christian in _____ to be stirred up to serve and bless our colleagues with the grace and compassion we have experienced through Jesus.
24. To encourage the Christian Workplace Group in _____ to nurture and strengthen each believer to be salt and light in their workplace.
25. For restoration and revival of the global 'church' – God's family – across _____.
26. For _____ to flourish and prosper in a Godly Way.
27. For the fact that God gave us the skills to do our job and that our skills improve to the glory of God
28. Give thanks for the sense of purpose work gives us and pray for our colleagues whose only way they can define themselves is through their work.

INVITING COLLEAGUES

Thy Kingdom Come is a great way to engage with all your work colleagues to come and pray if they choose to do so. We would encourage you to see this as an opportunity to start an ongoing prayer group that will last far beyond these 11 days of prayer. Transform Work UK will be able to help you achieve this if you want to continue after this time, and we will show you how to link up with them at the end of the 11 days.

Here are some ideas of how you can engage with your colleagues.

A. INTRANET AND EMAIL

Once you have received permission from your management (click [here](#) to find out how to how to engage with management)

- Communicate to your work colleagues in advance that you are holding daily prayer meetings as part of Thy Kingdom Come, you may be able to use the company Intranet or send an email out - where possible include in standard company communications
- Encourage colleagues to sign up in advance to receive a daily email from the journal and to put a system in place for your group to email those wanting to receive the Thought for the day.
- Add the Thought for the day from the journal onto the company Intranet each day, you may also be able to add a specific web page for your group.

B. CELEBRATION AND CHALLENGES

As part of your communications, ask for thoughts about all the good things your organisation has achieved in the past, the present and aims in the future. Invite your colleagues to join in as you ask them:

- What do you like the most about working here?
- What is the best work we've achieved as an organisation?

You might like to do the same in regards to challenges.

- What is your greatest workplace challenge at the moment?

Then when you come to pray you will have praise points to thank the Lord for all the good work and provision of your workplace. You will also have prayer points to get on your knees and intercede asking the Lord for his hand and his wisdom on the challenging issues.

C. PRAYER JOURNAL

As a group you might want to purchase a number of [Prayer Journals](#) from Thy Kingdom Come's resources page and [with permission from management](#) you might like to

- give out to your work colleagues as a gift, maybe as part of a Diversity & Inclusion budget, or from an existing Christian Workplace Group
- leave them in your organisation's multi-faith prayer room
- leave in the canteen area with a note saying 'free meditation resource please take'

If a lot of your workplace colleagues are working at home, you may need to ask them to order directly from Thy Kingdom Come.

D. KICK-OFF PRAYER MEETING

We would encourage you to use the first meeting on Ascension Day 13 May 2021 as a kick-off prayer meeting. You should try and make people comfortable so that they will want to continue. Some of the following may be helpful -

- invite a senior member of your organisation to attend this first prayer meeting and explain how important it is to the organisation
- set the scene before launching into the reflection, explaining that the prayer meetings are for 11 days, people can come as they are able, they can join after the start if they are delayed etc
- if there are a small number of people, most of whom have not met together, you may want to introduce each other
- use the Thought for the day to help people understand the importance of praying in your workplace (the reflection is on Jesus as a worker)
- don't force anything, be gentle and listen to what people have to say.

E. WELLBEING MEDITATION

Silence is the theme for Day 10 - rest and silence.

Although this is on Saturday 22 May you might like to take this opportunity to engage with your organisational lead on wellbeing or mental health. As part of this, seek to

- arrange a meeting with them and share about Thy Kingdom Come
- work with them on setting aside an area for quiet reflection, whether a multi faith prayer room, chapel, quiet space or a room booked every day from 13-23rd May for silence
- encourage your work colleagues to take time in their lunch or coffee breaks to simply sit in silence.
- make sure you have the Prayer Journals available for people.