## **Discussion Plan**

Pippa Baker

# Theme

Praise

God had **far more** in store

### **Opener** (5 minutes)

**Discuss:** Chat with the person next to you, what was the last thing or experience that made you go "Wow"? It can be anything – **small or big**.

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Think about: When you had that moment or experience, how did it make you feel? Did you do anything with it – tell someone, share it on social media?

### Video (3 minutes)

Watch Pippa's video on **Instagram** or **YouTube**.

Links available here

## Table Talk (10 minutes)

In the video, Pippa shares that God does not need our love and praise. Before the beginning of the world, the Holy Trinity (God the Father, Jesus the Son, and the Holy Spirit) already shared and experienced perfect love. And yet, God as Father, wanted a family! He wanted children to be in relationship with Him, so they could join in too and experience perfect love. This is the heart of praise and worship!

Around your table at home, church or in school, person next to you discuss these themes that came up in the video.

Pippa shares that God does not need our praise and applause, but His existence, goodness, and mercy, draw us into life in all its fullness! When Pippa realised this, she wanted to join in and lift her voice in praise.

**Question** - Reflect on your life for a moment. Can you name 2 moments where you experienced something of God's goodness and kindness? Pippa shares that God loves and longs for our praise, but not because He needs it or is insecure. Instead, God, as a loving Father, knows that praise also helps us to live for more than just ourselves.

**Question -** Think about a time when you have given someone praise. How did it make you feel when you did this?

## Action (7 minutes)

Pippa encourages us to think about the generosity of God in our lives. She quotes St Paul from the Bible who says: "What do you have that you didn't receive?" (1 Corinthians 4:7). When we stop for a moment to think, we can usually see the generosity or kindness of God in one way or another - things to be thankful for that we can turn into praise.

**Discuss:** Take a moment today to praise and say thank you to God for something you have received?

- What might this be?
- How might you choose to praise? (a prayer, a poem, a song, art?)
- How could you include more times of praise and thanks in your life?



**Think about your five:** Think about your five friends that you committed to praying for at the beginning of these sessions. What encouragement or praise could you give them this week that might help them to experience more of God's goodness in their lives?

## **Prayer** (5 minutes)



#### Prayer at Home

Using post-it notes write down some of the generous things you have received from God. Now stick these someplace where you will see them regularly so you can be reminded of God's goodness.

Father God, thank you that you invite me to join in your family and experience your perfect love. Today, I choose to praise you for [insert post-it note comments] and for everything that you have given to me. Help me to offer praise and encouragement to others too, that they may experience more of your goodness in their lives.

#### Prayer at School

Using post-it notes write down some of the generous things you have received from God in your life. Thinking about the person next to you or on your table, write a post-it of praise to them. What are you thankful for about them? Now pass this over for them to keep and be encouraged.

Father God, thank you that you invite me to join in your family and experience your perfect love. Today, I choose to praise you for [insert post-it note comments] and for everything that you have given to me.

Amen.

#### **Prayer at Youth Groups**

Using post-it notes write down some of the generous things you have received from God. Thinking about the people in your youth group, write a few postits of praise about 1 of them. What are you thankful for about them? Now pass these over for them to keep and be encouraged.

God, thank you that you invite me to join in your family and experience your perfect love. Thank you for [insert names of youth group friends], may they be encouraged and see more of your goodness in their lives.

Amen.

#### Amen.