

Morning Prayer of the Church

CATHOLIC EDITION



'Each morning he awakes me to hear, to listen like a disciple. The Lord has opened my ear.' Isaiah 50:4-5

Benedictus

THE CANTICLE OF ZECHARIAH

Luke 1:68-79

The Messiah and the one who was sent before him

Blessed be the Lord, the God of Israel! He has visited his people and redeemed them.

He has raised up for us a mighty saviour in the house of David his servant, as he promised by the lips of holy men, those who were his prophets from of old.

A saviour who would free us from our foes, from the hands of all who hate us. So his love for our fathers is fulfilled and his holy covenant remembered.

He swore to Abraham our father to grant us, that free from fear, and saved from the hands of our foes, we might serve him in holiness and justice all the days of our life in his presence.

As for you, little child, you shall be called a prophet of God, the Most High. You shall go ahead of the Lord to prepare his ways before him.

To make known to his people their salvation through forgiveness of all their sins, the loving-kindness of the heart of our God who visits us like the dawn from on high.

He will give light to those in darkness, those who dwell in the shadow of death, and guide us into the way of peace.



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This booklet has been produced by the Home Mission Office which is part of the Department for Evangelisation and Catechesis at the Catholic Bishops Conference of England and Wales in collaboration with Thy Kingdom Come.

Acknowledgements

Some of the prayer themes have been inspired by the thresholds toward an encounter with Christ as outlined in Forming Intentional Disciples, written by Sherry Weddell in 2012.

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Introduction

The Prayer of the Church has been the regular pattern of prayer for priests, religious and consecrated people to pray at different times of the day, each day of the year for hundreds of years. Many people from all walks of life also use this form of daily prayer to help them pray.

For over a century it has also been a tradition in the Catholic Church to pray for a fresh outpouring of the Holy Spirit in the days between the Ascension and Pentecost.

In recent years many Christian denominations throughout the world have been inspired to pray for this intention through a prayer initiative called 'Thy Kingdom Come'. By joining this initiative, we are therefore renewing our desire for the Kingdom of God to be made real in the lives of those we know and love through the power of the Holy Spirit.

This booklet has been produced for those who would like to use the Morning Prayer of the Church between the Ascension and Pentecost as we pray for a fresh outpouring of the Holy Spirit during this time.

By doing so we follow the example of the disciples who prayed continuously between the Ascension and Pentecost. Very few people have the time to pray continuously on their own, but at each moment someone, somewhere in the world will be praying the

Prayer of the Church. In other words when we recite Morning Prayer, we take part in the continuous prayer of the Church.

Throughout this journey from the Ascension to Pentecost we can pray for those we know and love to receive a fresh outpouring of the Holy Spirit, so that they might encounter the person of Jesus Christ and know how much God our Father loves them.

The basic structure of Morning Prayer is as follows:

- Opening Refrain
- Hymn (choose one from the end of this booklet)
- Psalm
- Canticle
- Psalm
- Scripture Reading
- Short Responsory
- The Benedictus
- Intercessions followed by the Our Father
- Concluding Prayer

Whether praying on your own or as part of a group it would be better to take time to reflect on one part or leave space between the different elements of Morning Prayer than to rush through it.

If you choose to pray in a group, it would be a good idea to appoint someone to lead the prayer. They should read the parts marked as 'leader' and begin the antiphons.

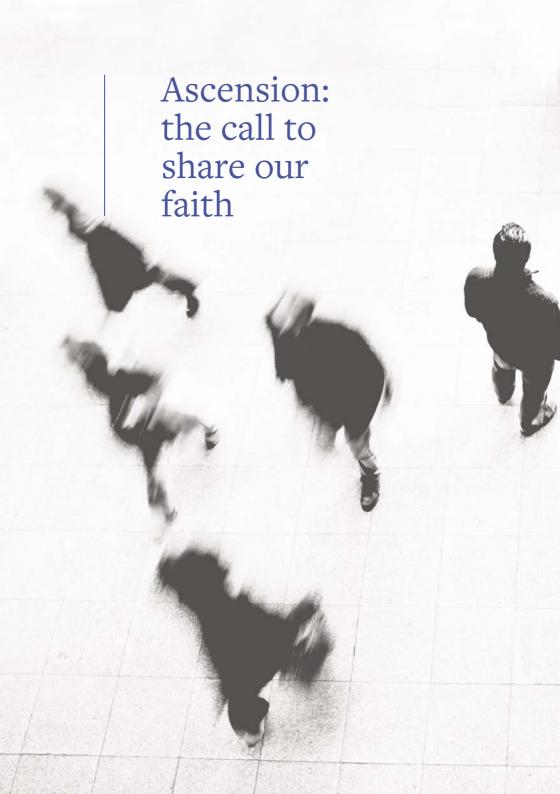
In addition to the normal format of Morning Prayer, there is also an intention for each day.

Please note that recurring prayers such as the Benedictus, Our Father and Glory be can be found on the front or rear inside covers.

Suggested hymns for this season can be found at the end of this booklet.

Should you have particular people you would like to

pray for, you are welcome to write their names below:



ASCENSION THURSDAY

Jesus came up and spoke to them. He said, all authority in heaven and on earth has been given to me. Go, therefore, make disciples of all the nations. Matthew 28: 18–19a

PRAYER INTENTION

For all Christians to have the confidence to share the good news of Jesus Christ.

Leader: O God, come to our aid. **All:** O Lord, make haste to help us.

GLORY BE

Hymn – please select one from the end pages.

Antiphon 1: Men of Galilee, why do you stand there looking up into the sky? This Jesus, who has been taken away from you up to heaven, will come in the same way as you have seen him go, alleluia.

A SOUL THIRSTING FOR GOD

Psalm 62 (63):2-9

Let the man who has put away the deeds of the night watch for God.

O God, you are my God, for you I long;* for you my soul is thirsting.

My body pines for you*
like a dry, weary land without water.

So I gaze on you in the sanctuary*
to see your strength and your glory.

For your love is better than life,*
my lips will speak your praise.
So I will bless you all my life,*
in your name I will lift up my hands.
My soul shall be filled as with a banquet,*
my mouth shall praise you with joy.

On my bed I remember you.*
On you I muse through the night for you have been my help;* in the shadow of your wings I rejoice. My soul clings to you;* your right hand holds me fast.

GLORY BE

Antiphon 1: Men of Galilee, why do you stand there looking up into the sky? This Jesus, who has been taken away from you up to heaven, will come in the same way as you have seen him go, alleluia.

Antiphon 2: Exalt the king of kings; sing praise to God, alleluia.

LET EVERY CREATURE PRAISE THE LORD

Canticle Daniel 3:37–88,56

Praise our God, all you his servants (Revelation 19:5)

O all you works of the Lord, O bless the Lord.* To him be highest glory and praise for ever.

And you, angels of the Lord, O bless the Lord.* To him be highest glory and praise for ever.

And you, the heavens of the Lord, O bless the Lord.*
And you, clouds of the sky, O bless the Lord.
And you, all armies of the Lord, O bless the Lord.*
To him be highest glory and praise for ever.

And you, sun and moon, O bless the Lord,*
And you, the stars of the heav'ns, O bless the Lord.
And you, showers and rain, O bless the Lord.*
To him be highest glory and praise for ever.

And you, all you breezes and winds, O bless the Lord.*
And you, fire and heat, O bless the Lord.
And you, cold and heat, O bless the Lord.*
To him be highest glory and praise for ever.

And you, showers and dew, O bless the Lord.*
And you frosts and cold, O bless the Lord.
And you, frost and snow, O bless the Lord*
To him be highest glory and praise for ever.

And you, night-time and day, O bless the Lord.*
And you, darkness and light, O bless the Lord.
And you, lightening and clouds, O bless the Lord.*
To him be highest glory and praise for ever.

O let the earth bless the Lord.*

To him be highest glory and praise for ever.

And you, mountains and hills, O bless the Lord.*
An you, all plants of the earth, O bless the Lord.
And you, fountains and springs, O bless the Lord.*
To him be highest glory and praise for ever.

And you, rivers and seas, O bless the Lord.*
And you, creatures of the sea, O bless the Lord.
And you, every bird in the sky, O bless the Lord.*
And you, wild beasts and tame, O bless the Lord.
To him be highest glory and praise for ever.

And you, children of men, O bless the Lord.* To him be highest glory and praise for ever.

O Israel, bless the Lord, O bless the Lord.*
And you, priests of the Lord, O bless the Lord.
And you, servants of the Lord, O bless the Lord.*
To him be highest glory and praise for ever.

Any you, spirits and souls of the just, O bless the Lord.* And you holy and humble of heart, O bless the Lord. Ananias, Azarias, Mizael, O bless the Lord.* To him be highest glory and praise for ever.

Let us praise the Father, the Son, and the Holy Spirit: *
To you be highest glory and praise for ever.
May you be blessed, O Lord, in the heavens. *
To you be highest glory and praise for ever.

Antiphon 2: Exalt the king of kings; sing praise to God, alleluia.

Antiphon 3: As they watched, he was lifted up, and a cloud removed him from their sight into heaven, alleluia.

THE SONG OF JOY OF THE SAINTS

Psalm 149

The members of the Church, God's new people, will rejoice in their king, who is Christ (Hesychius)

Sing a new song to the Lord,*
his praise in the assembly of the faithful.
Let Israel rejoice in its Maker,*
let Sion's sons exult in their king.
Let them praise his name with dancing*
and make music with timbral and harp.

For the Lord takes delight in his people.*
He crowns the poor with salvation.
Let the faithful rejoice in their glory,*
shout for joy and take their rest.
Let the praise of God be on their lips*
and a two-edged sword in their hand,

to deal out vengeance to the nations* and punishment on all the peoples; to bind their kings in chains* and their nobles in fetters of iron; to carry out the sentence pre-ordained:* this honour is for all his faithful.

GLORY BE

Antiphon 3: As they watched, he was lifted up, and a cloud removed him from their sight into heaven, alleluia.

SCRIPTURE READING

Hebrews 10:12-14

Christ has offered one single sacrifice for sins, and then taken his place for ever at the right hand of God, where he is now waiting until his enemies are made into a footstool for him. By virtue of that one single offering he has achieved the eternal perfection of all whom he is sanctifying.

SHORT RESPONSORY

Leader: Christ ascended on high, alleluia, alleluia. **All:** Christ ascended on high, alleluia, alleluia.

Leader: He led captivity captive.

All: Christ ascended on high, alleluia, alleluia.

Leader: Glory be to the Father and to the Son and to the Holy Spirit.

All: Christ ascended on high, alleluia, alleluia.

Benedictus Antiphon: I am ascending to my Father and your Father, to my God and your God, alleluia.

(The Benedictus can be found on the inside rear cover of this booklet)

Benedictus Antiphon: I am ascending to my Father and your Father, to my God and your God, alleluia.

INTERCESSIONS

Leader: Let us pray to the Lord who is now lifted up from the earth, drawing all things to himself.

All: You, Christ, are the king of glory.

Leader: Lord Jesus, you offered one sacrifice for sin and then ascended in victory to the Father; – achieve the eternal perfection of those whom you are sanctifying.

All: You, Christ, are the king of glory.

Leader: Eternal priest, minister of the new covenant, you are alive and interceding for us; – save your people who turn to you in prayer.

All: You, Christ, are the king of glory.

Leader: After your passion, you appeared to your disciples, and they knew you to be alive; – strengthen our belief that you are with us today.

All: You, Christ, are the king of glory.

Leader: On this day you promised the Holy Spirit to the apostles, for the spreading of your gospel to the ends of the earth; – strengthen us by the power of the Spirit in bearing witness before the world.

All: You, Christ, are the king of glory.

Our Father

CONCLUDING PRAYER

Almighty God,
fill us with a holy joy,
teach us how to thank you with reverence and love
on account of the ascension of Christ your Son.
You have raised us up with him:
where he, the head, has preceded us in glory,
there we, the body, are called in hope.
(We make our prayer) through our Lord.
(Through Christ our Lord.)

Know God Better

FRIDAY AFTER ASCENSION

My dear people, let us love one another, since love comes from God, and everyone who loves is begotten by God and knows God. 1 John 4:11–12

PRAYER INTENTION

For all those who have lost sight of God, that they would see His love revealed in their lives.

Leader: O God, come to our aid. **All:** O Lord, make haste to help us.

GLORY BE

Hymn – please select one from the end pages.

Antiphon 1: Have courage, my son, your sins are forgiven you, alleluia.

O GOD, HAVE MERCY ON ME Psalm 50(51)

You must be made new in mind and spirit, and put on the new nature (Ephesians 4:23–24)

Have mercy on me, God, in your kindness.*
In your compassion blot out my offence.
O wash me more and more from my guilt*
and cleanse me from my sin.

My offences truly I know them;*
my sin is always before me.
Against you, you alone, have I sinned;*
what is evil in your sight I have done.

That you may be justified when you give sentence* and be without reproach when you judge.

O see, in guilt I was born,*
a sinner was I conceived.

Indeed you love truth in the heart;*
then in the secret of my heart teach me wisdom.
O purify me, then I shall be clean;*
O wash me, I shall be whiter than snow.

Make me hear rejoicing and gladness,* that the bones you have crushed may revive. From my sins turn away your face* and blot out all my guilt.

A pure heart create for me, O God,* put a steadfast spirit within me.

Do not cast me away from your presence,* nor deprive me of your holy spirit.

Give me again the joy of your help;* with a spirit of fervour sustain me, that I may teach transgressors your ways* and sinners may return to you.

O rescue me, God, my helper,*
and my tongue shall ring out your goodness.
O Lord, open my lips*
and my mouth shall declare your praise.

For in sacrifice you take no delight,*
burnt offering from me you would refuse,
my sacrifice, a contrite spirit.*
A humbled, contrite heart you will not spurn.

In your goodness, show favour to Sion:* rebuild the walls of Jerusalem.
Then you will be pleased with lawful sacrifice,* holocausts offered on your altar.

GLORY BE

Antiphon 1: Have courage, my son, your sins are forgiven you, alleluia.

Antiphon 2: Lord, you came with strength to save your people; you came with your Anointed One, alleluia.

GOD WILL APPEAR IN JUDGMENT

Jift un your heads for your redemntion is near at

Canticle: Habakkuk

Lift up your heads, for your redemption is near at hand (Luke 21:28)

Lord, I have heard of your fame,*
I stand in awe at your deeds.
Do them again in our days,†
in our days make them known!*
In spite of your anger, have compassion.

God comes forth from Teman,*
the Holy One comes from Mount Paran.
His splendour covers the sky*
And his glory fills the earth.

His brilliance is like the light,† rays flash from his hands;* there his power is hidden.

You march out to save your people,* to save the one you have anointed. You made a path for your horses in the sea,* in the raging of the mighty waters.

This I heard and I trembled with terror,*
my lips quiver at the sound.
Weakness invades my bones,*
my steps fail beneath me
yet I calmly wait for the doom*
that will fall on the people who assail us.

For even though the fig does not blossom,* nor fruit grow on the vine, even though the olive crop fail,* and fields produce no harvest, even though flocks vanish from the folds* and stalls stand empty of cattle.

Yet I will rejoice in the Lord* and exult in God my saviour.
The Lord my God is my strength.†
He makes me leap like the deer,*
he guides me to the high places.

GLORY BE

Antiphon 2: Lord, you came with strength to save your people; you came with your Anointed One, alleluia.

Antiphon 3: Sion, praise your God, for he has established peace in your land, alleluia.

THE RENEWAL OF JERUSALEM

Come, and I will show you the bride that the Lamb has chosen (Revelation 21:9)

O praise the Lord, Jerusalem!* Sion, praise your God!

He has strengthened the bars of your gates,* he has blessed the children within you. He established peace on your borders,* he feeds you with finest wheat.

He sends out his word to the earth* and swiftly runs his command.
He showers down snow white as wool,* he scatters hoar-frost like ashes.

He hurls down hailstones like crumbs.*
The waters are frozen at his touch;
he sends forth his word and it melts them:*
at the breath of his mouth the waters flow.

He makes his word known to Jacob,* to Israel his laws and decrees.

He has not dealt thus with other nations;* he has not taught them his decrees.

GLORY BE

Antiphon 3: Sion, praise your God, for he has established peace in your land, alleluia.

SCRIPTURE READING

The God of our fathers raised Jesus from death, after you had killed him by nailing him to a cross. And God raised him to his right side as Leader and Saviour, to give to the people of Israel the opportunity to repent and have their sins forgiven. We are witnesses to these things – we and the Holy Spirit, who is God's gift to those who obey him.

SHORT RESPONSORY

Leader: The Lord has risen from the dead, alleluia, alleluia.

All: The Lord has risen from the dead, alleluia, alleluia.

Leader: For our sake he died on the cross.

All: The Lord has risen from the dead, alleluia, alleluia.

Leader: Glory be to the Father and to the Son and to the Holy Spirit.

All: The Lord has risen from the dead, alleluia, alleluia.

Benedictus Antiphon: In Jesus we see one who is crowned now with glory and honour because he suffered death, alleluia.

(The Benedictus can be found on the inside front cover of this booklet)

Benedictus Antiphon: In Jesus we see one who is crowned now with glory and honour because he suffered death, alleluia.

INTERCESSIONS

Leader: Let us pray to Christ, who ascended into heaven to send the Holy Spirit to the apostles.

All: Send your Spirit upon us.

Leader: Lord, pour on us the Holy Spirit, the promise of the Father; – clothe us with power from on high.

All: Send your Spirit upon us.

Leader: You wanted your disciples to be wise as serpents and yet simple as doves: – teach us by your Spirit wisdom and simplicity.

All: Send your Spirit upon us.

Leader: You are now seated at the right hand of the Father; – intercede for us now, as we look to you, our Eternal Priest.

All: Send your Spirit upon us.

Leader: Let us suffer with you in our time of sorrow; – may we rise with you in glory.

All: Send your Spirit upon us.

Our Father

CONCLUDING PRAYER

Lord God,
you restore us to eternal life by
our Saviour's resurrection.
Place us at your right hand
where he is enthroned with you.
You gave us a new birth in baptism:
clothe us in the garment of eternal happiness
when Christ comes in his glory.
(We make our prayer) through our Lord.
(Through Christ our Lord)

Trust



SATURDAY AFTER ASCENSION

If you trust in the Lord and do good, then you will live in the land and be secure. If you find your delight in the Lord, he will grant your heart's desire. Psalm 36:3-4

PRAYER INTENTION

For those who feel isolated and alone, that they will develop meaningful relationships through a childlike trust in God

Leader: O God, come to our aid. **All:** O Lord, make haste to help us.

GLORY BE

Hymn – please select one from the end pages.

Antiphon 1: You have made me glad, O Lord; for the works of your hands I shout with joy, alleluia.

PRAISE OF THE LORD CREATOR

Psalm 91(92)

The deeds of God's only Son are praised (St Athanasius)

It is good to give thanks to the Lord* to make music to your name, O Most High, to proclaim your love in the morning* and your truth in the watches of the night, on the ten-stringed lyre and the lute,* with the murmuring sound of the harp.

Your deeds, O Lord, have made me glad;* for the work of your hands I shout with joy. O Lord, how great are your works!* How deep are your designs!
The foolish man cannot know this * and the fool cannot understand.

Though the wicked spring up like grass* and all who do evil thrive: they are doomed to be eternally destroyed.* But you, Lord, are eternally on high. See how your enemies perish;* all doers of evil are scattered.

To me you give the wild-ox's strength;* you anoint me with the purest oil.

My eyes looked in triumph on my foes;* my ears heard gladly of their fall.

The just will flourish like the palm-tree* and grow like a Lebanon cedar.

Planted in the house of the Lord*
they will flourish in the courts of our God,
still bearing fruit when they are old,*
still full of sap, still green,
to proclaim that the Lord is just.*
In him, my rock, there is no wrong.

GLORY BE

Antiphon 1: You have made me glad, O Lord; for the works of your hands I shout with joy, alleluia.

Antiphon 2: It is I who give death and life; it is I who strike and also heal, alleluia.

THE DEEDS OF KINDNESS WHICH GOD WROUGHT FOR HIS PEOPLE

Canticle Deuteronomy 32:1-12

How often have I longed to gather your children as a hen gathers her young under her wings (Matthew 23:37)

Listen, O heavens, and I will speak,*
let the earth hear the words on my lips.
May my teaching fall like the rain,*
my speech descends like the dew,
like rain drops on the young green,*
like showers falling on the grass.

For I shall praise the name of the Lord.*
O give glory to this God of ours!
The Rock – his deeds are perfect,*
and all his ways are just,
a faithful God, without deceit,*
a God who is right and just.

Those whom he begot unblemished* have become crooked, false, perverse. It is thus you repay the Lord,*
O senseless and foolish people?
Is he not your father who created you,* he who made you, on whom you depend?

Remember the days of old,* consider the years that are past; ask your father and he will show you,* ask your elders and they will tell you.

When the Most High gave the nations their heritage* and disposed men according to his plan, in fixing the boundaries of the nations* he thought first of Israel's sons.

For Israel was the Lord's possession,*

Jacob the one he had chosen.

God found him in a wilderness,* in fearful, desolate wastes; he surrounded him, he lifted him up,* he kept him as the apple of his eye.

Like an eagle that watches its nest,* that hovers over its young, so he spread his wings; he took him,* placed him on his outstretched wings. The Lord alone was his guide* and no other god was with him.

GLORY BE

Antiphon 2: It is I who give death and life; it is I who strike and also heal, alleluia.

Antiphon 3: With glory and honour you crowned your Anointed One, alleluia.

THE MAJESTY OF THE LORD, THE DIGNITY OF MAN

Psalm 8

He has put all things under his feet, and appointed him to be head of the whole Church (Ephesians 1:2)

How great is your name, O Lord our God,* through all the earth!

Your majesty is praised above the heavens;*
On the lips of children and of babes
you have found praise to foil your enemy,*
to silence the foe and the rebel.

When I see the heavens, the work of your hands,*
The moon and the stars which you arranged,
What is man that you should keep him in mind,*
mortal man that you care for him?

Yet you have made him little less than a god;* with glory and honour you crowned him, gave him power over the works of your hand,* put all things under his feet.

All of them, sheep and cattle,*
yes, even the savage beasts,
birds of the air and fish*
that make their way through the waters.

How great is your name, O Lord our God,* through all the earth!

GLORY BE

Antiphon 3: With glory and honour you crowned your Anointed One, alleluia.

SCRIPTURE READING

Romans 14:7-9

None of us lives for himself only, none of us dies for himself only; if we live, it is for the Lord that we live, and if we die, it is for the Lord that we die. Whether we live or die, then, we belong to the Lord. For Christ died and rose to life in order to be the Lord of the living and of the dead.

SHORT RESPONSORY

Leader: The Lord has risen from the dead, alleluia, alleluia.

All: The Lord has risen from the dead, alleluia, alleluia.

Leader: For our sake he died on the cross.

All: The Lord has risen from the dead, alleluia, alleluia.

Leader: Glory be to the Father and to the Son and to the Holy Spirit.

All: The Lord has risen from the dead, alleluia, alleluia.

Benedictus Antiphon: I tell you solemnly, anything you ask from the Father in my name, he will grant it to you, alleluia.

(The Benedictus can be found on the inside front cover of this booklet)

Benedictus Antiphon: I tell you solemnly, anything you ask from the Father in my name, he will grant it to you, alleluia.

INTERCESSIONS

Leader: To Christ be praise and glory! He promised the apostles that the power of the Holy Spirit would come upon them.

All: Send forth your light and your truth.

Leader: You are the Word of truth, the wisdom and splendour of the Father; – let us be your witnesses today, in word and in deed.

All: Send forth your light and your truth.

Leader: May we recognize the things of the Spirit and set our hearts on them; – where our hearts are, there will our treasure be.

All: Send forth your light and your truth.

Leader: Grant that the Holy Spirit may come to help us in our weakness – and teach us how we ought to pray.

All: Send forth your light and your truth.

Leader: Let us be filled with all knowledge and love; – enable us to counsel one another in truth and charity.

All: Send forth your light and your truth.

Our Father

CONCLUDING PRAYER

God and Father,
your Son, at his ascension,
promised the Holy Spirit to the apostles.
They received abundant graces of wisdom
from heaven:
grant us also, we pray, the gifts of your Spirit.
(We make our prayer) through our Lord.
(Through Christ our Lord.)

Forgiveness



7TH SUNDAY OF EASTERTIDE

Yes, God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost, but may have eternal life. John 3: 16

PRAYER INTENTION

For those in need of God's mercy, that they will know the joy of his forgiveness.

Leader: O God, come to our aid. **All:** O Lord, make haste to help us.

GLORY BE

Hymn – please select one from the end pages.

Antiphon 1: The Lord is king, with majesty enrobed, alleluia.†

THE SPLENDOUR OF THE LORD CREATOR

Psalm 92(93)

The Lord, our God, the Almighty is king; let us be glad and rejoice and give him praise (Revelation 19:6–7)

The Lord is king, with the majesty enrobed;†
the Lord has robed himself with might,*
† he has girded himself with power.*

The world you made firm, not to be moved;† your throne has stood firm from of old.* From all eternity, O Lord, you are.

The waters have lifted up, O Lord,† the waters have lifted up their voice,* the waters have lifted up their thunder.

Greater than the roar of mighty waters,† more glorious than the surgings of the sea,* the Lord is glorious on high.

Truly your decrees are to be trusted.†
Holiness is fitting to your house,*
O Lord, until the end of time.

GLORY BE

Antiphon 1: The Lord is king, with majesty enrobed, alleluia.

Antiphon 2: The whole creation will be freed and will enjoy the glory and freedom of the children of God, alleluia.

LET EVERY CREATURE PRAISE THE LORD

Canticle Daniel 3:57–88,56

Praise our God, all you his servants (Revelation 19:5)

O all you works of the Lord, O bless the Lord.*
To him he highest glory and praise for ever.
And you, angels of the Lord, O bless the Lord.*
To him be highest glory and praise for ever.

And you, the heavens of the Lord, O bless the Lord.*
And you, clouds of the sky, O bless the Lord.
And you, all armies of the Lord, O bless the Lord.*
To him be highest glory and praise for ever.

And you, sun and moon, O bless the Lord.*
And you, the stars of the heavens, O bless the Lord.
And you, showers and rain, O bless the Lord.*
To him be highest glory and praise for ever.

And you, all you breezes and winds, O bless the Lord.*
And you, fire and heat, O bless the Lord.
And you, cold and heat, O bless the Lord.*
To him be highest glory and praise for ever.

And you, showers and dew, O bless the Lord.*
And you, frosts and cold, O bless the Lord.
And you, frost and snow, O bless the Lord.*
To him be highest glory and praise for ever.

And you, night-time and day, O bless the Lord.*
And you, darkness and light, O bless the Lord.
And you, lightning and clouds, O bless the Lord.*
To him be highest glory and praise for ever.

O let the earth bless the Lord.*

To him be highest glory and praise for ever.

And you, mountains and hills, O bless the Lord.*
And you, all plants of the earth, O bless the Lord.
And you, fountains and springs, O bless the Lord.*
To him be highest glory and praise for ever.

And you, rivers and seas, O bless the Lord.*
And you, creatures of the sea, O bless the Lord.
And you every bird in the sky, O bless the Lord.†
And you, wild beasts and tame, O bless the Lord.*
To him be highest glory and praise for ever.

And you, children of men, O bless the Lord.* To him be glory and praise for ever.

O Israel, bless the Lord, O bless the Lord.*
And you, priests of the Lord, O bless the Lord.
And you, servants of the Lord, O bless the Lord.*
To him be highest glory and praise for ever.

And you, spirits and souls of the just, O bless the Lord.* And you, holy and humble of heart, O bless the Lord. Ananias, Azarias, Mizael, O bless the Lord.* To him be highest glory and praise for ever.

Let us praise the Father, the Son and Holy Spirit:*
To you be highest glory and praise for ever.
May you be blessed, O Lord, in the heavens;*
To you be highest glory and praise for ever.

Antiphon 2: The whole creation will be freed and will enjoy the glory and freedom of the children of God, alleluia.

Antiphon 3: The name of the Lord is praised, in heaven and on earth, alleluia.

HYMN OF PRAISE TO THE LORD, THE CREATOR

Psalm 148

To the One who sits on the throne and to the Lamb, be all praise, honour, glory and power, for ever and ever (Revelation 5:13) Praise the Lord from the heavens,* praise him in the heights.
Praise him, all his angels,* praise him, all his hosts.

Praise him, sun and moon,*
praise him, shining stars.
Praise him, highest heavens*
and the waters above the heavens.

Let them praise the name of the Lord.*
He commanded: they were made.
He fixed them for ever,*
gave a law which shall not pass away.

Praise the Lord from the earth,* sea creatures and all oceans, fire and hail, snow and mist,* stormy winds that obey his word;

all mountains and hills,*
all fruit trees and cedars,
beasts, wild and tame,*
reptiles and birds on the wing;

all earth's kings and peoples,* earth's princes and rulers; young men and maidens,* old men together with children.

Let them praise the name of the Lord* for he alone is exalted.

The splendour of his name* reaches beyond heaven and earth.

He exalts the strength of his people.*
He is the praise of all his saints,
of the sons of Israel,*
of the people to whom he comes close.

GLORY BE

Antiphon 3: The name of the Lord is praised, in heaven and on earth, alleluia.

SCRIPTURE READING

Acts 10:40-43

God raised Jesus from death on the third day and caused him to appear. He was not seen by all the people, but only by us who are the witnesses that God had already chosen. We ate and drank with him after God raised him from death. And he commanded us to preach the gospel to the people, and to testify that he is the one whom God has appointed Judge of the living and the dead. All the prophets spoke about him, saying that everyone who believes in him will have his sins forgiven through the power of his name.

SHORT RESPONSORY

Leader: Have mercy on us, Christ, Son of the living God, alleluia, alleluia.

All: Have mercy on us, Christ, Son of the living God, alleluia, alleluia.

Leader: You have risen from the dead.

All: Have mercy on us, Christ, Son of the living God, alleluia, alleluia.

Leader: Glory be to the Father and to the Son and to the Holy Spirit.

All: Have mercy on us, Christ, Son of the living God, alleluia, alleluia.

Benedictus Antiphon: Father, I have glorified you on earth: I have accomplished the work that you gave me to do, alleluia.

(The Benedictus can be found on the inside front cover of this booklet)

Benedictus Antiphon: Father, I have glorified you on earth: I have accomplished the work that you gave me to do, alleluia.

INTERCESSIONS

Leader: Let us be united in prayer with all who are justified in the Spirit of God, and let us say to Christ, our Lord:

All: May your Spirit come to our aid.

Leader: Lord Jesus, help us to live by your Spirit; – and show us that we are God's children.

All: May your Spirit come to our aid.

Leader: Through your Holy Spirit intercede for us with the Father; – make us worthy of your promises.

All: May your Spirit come to our aid.

Leader: Make us generous, warm-hearted and unselfish; – help us always to think of the needs of others.

All: May your Spirit come to our aid.

Leader: Through the Holy Spirit grant us the desire to seek God's kingdom and his justice; – strengthen our resolve to know you and the Father.

All: May your Spirit come to our aid.

Our Father

CONCLUDING PRAYER

Lord God,
we believe that the Saviour of mankind
is enthroned with you in majesty.
Listen to our prayer,
and, according to his promise,
let us feel his presence among us
until the end of time.
(We make our prayer) through our Lord.
(Through Christ our Lord)



MONDAY - FEAST OF ST MATTHIAS

Look, I am standing at the door, knocking. If one of you hears me calling and opens the door, I will come in. Revelation 3: 20a

PRAYER INTENTION

For the hearts of those we know and love to be more open to Christ who waits to be invited in.

Leader: O God, come to our aid. **All:** O Lord, make haste to help us.

GLORY BE

Hymn – please select one from the end pages.

Antiphon 1: This is my commandment: love one another, as I have loved you, alleluia.

A SOUL THIRSTING FOR GOD

Psalm 62 (63):2-9

Let the man who has put away the deeds of the night watch for God.

O God, you are my God, for you I long;* for you my soul is thirsting.

My body pines for you*

like a dry, weary land without water.

So I gaze on you in the sanctuary*

to see your strength and your glory.

For your love is better than life,*
my lips will speak your praise.
So I will bless you all my life,*
in your name I will lift up my hands.
My soul shall be filled as with a banquet,*
my mouth shall praise you with joy.

On my bed I remember you.*
On you I muse through the night for you have been my help;* in the shadow of your wings I rejoice. My soul clings to you;* your right hand holds me fast.

GLORY BE

Antiphon 1: This is my commandment: love one another, as I have loved you, alleluia.

Antiphon 2: A man can have no greater love than to lay down his life for his friends, alleluia.

LET EVERY CREATURE PRAISE THE LORD

Canticle Daniel 3:37–88,56

Praise our God, all you his servants (Revelation 19:5)

O all you works of the Lord, O bless the Lord.* To him be highest glory and praise for ever.

And you, angels of the Lord, O bless the Lord.* To him be highest glory and praise for ever.

And you, the heavens of the Lord, O bless the Lord.*
And you, clouds of the sky, O bless the Lord.
And you, all armies of the Lord, O bless the Lord.*
To him be highest glory and praise for ever.

And you, sun and moon, O bless the Lord,*
And you, the stars of the heav'ns, O bless the Lord.
And you, showers and rain, O bless the Lord.*
To him be highest glory and praise for ever.

And you, all you breezes and winds, O bless the Lord.*
And you, fire and heat, O bless the Lord.
And you, cold and heat, O bless the Lord.*
To him be highest glory and praise for ever.

And you, showers and dew, O bless the Lord.*
And you frosts and cold, O bless the Lord.
And you, frost and snow, O bless the Lord.*
To him be highest glory and praise for ever.

And you, night-time and day, O bless the Lord.*
And you, darkness and light, O bless the Lord.
And you, lightening and clouds, O bless the Lord.*
To him be highest glory and praise for ever.

O let the earth bless the Lord.*
To him be highest glory and praise for ever.

And you, rivers and seas, O bless the Lord.*
And you, creatures of the sea, O bless the Lord.
And you, every bird in the sky, O bless the Lord.†
And you, wild beasts and tame, O bless the Lord.*
To him be highest glory and praise for ever.

And you, children of men, O bless the Lord.* To him be highest glory and praise for ever.

O Israel bless the Lord. O bless the Lord.*
And you, priests of the Lord, O bless the Lord.
And you, servants of the Lord, O bless the Lord.*
To him be highest glory and praise for ever.

And you, spirits and souls of the just, O bless the Lord.* And you holy and humble of heart, O bless the Lord. Ananias, Azarias, Mizael, O bless the Lord.*

To him be highest glory and praise for ever.

Let us praise the Father, the Son, and the Holy Spirit:*
To you be highest glory and praise for ever.
May you be blessed, O Lord, in the heavens.*
To you be highest glory and praise for ever.

Antiphon 2: A man can have no greater love than to lay down his life for his friends, alleluia.

Antiphon 3: You are all my friends if you do what I command you, says the Lord, alleluia.

THE SONG OF JOY OF THE SAINTS

Psalm 149

The members of the Church, God's new people, will rejoice in their king, who is Christ (Hesychius)

Sing a new song to the Lord,*
his praise in the assembly of the faithful.
Let Israel rejoice in its Maker,*
let Sion's sons exult in their king.

Let them praise his name with dancing* and make music with timbral and harp.

For the Lord takes delight in his people.*
He crowns the poor with salvation.
Let the faithful rejoice in their glory,*
shout for joy and take their rest.
Let the praise of God be on their lips*
and a two-edged sword in their hand,

to deal out vengeance to the nations* and punishment on all the peoples; to bind their kings in chains* and their nobles in fetters of iron; to carry out the sentence pre-ordained:* this honour is for all his faithful.

GLORY BE

Antiphon 3: You are all my friends if you do what I command you, says the Lord, alleluia.

SCRIPTURE READING

Ephesians 2:19-22

You are no longer aliens in a foreign land, but fellow-citizens with God's people, members of God's household. You are built upon the foundation laid by the apostles and prophets, and Christ Jesus himself is the foundation stone. In him the whole building is bonded together and grows into a holy temple in the Lord. In him you too are being built with all the rest into a spiritual dwelling for God.

SHORT RESPONSORY

Leader: You will make them rulers over all the land. alleluia.

All: You will make them rulers over all the land, alleluia.

Leader: For our sake he died on the cross.

All: You will make them rulers over all the land, alleluia.

Leader: Glory be to the Father and to the Son and to the Holy Spirit.

All: You will make them rulers over all the land, alleluia.

Benedictus Antiphon: One of those who were with us all the time that the Lord Jesus was traveling round with us must be chosen to act with us as a witness to his resurrection, alleluia.

(The Benedictus can be found on the inside front cover of this booklet)

Benedictus Antiphon: One of those who were with us all the time that the Lord Jesus was traveling round with us must be chosen to act with us as a witness to his resurrection, alleluia.

INTERCESSIONS

Leader: Since we have received from the apostles our heavenly inheritance, let us thank our Father for all his blessings.

All: Lord, the apostles sing your praises.

Leader: Praise to you, Lord God, for the gift of Christ's body and blood, handed on by the apostles, to give us strength and life;

All: Lord, the apostles sing your praises.

Leader: For the table of your word, served by the apostles, to bring us light and joy;

All: Lord, the apostles sing your praises.

Leader: For your holy Church, built on the apostles, to make us all one body;

All: Lord, the apostles sing your praises.

Leader: For the washing of baptism and penance, entrusted to the apostles, to cleanse our hearts from sin;

All: Lord, the apostles sing your praises.

Our Father

CONCLUDING PRAYER

Lord God, you chose Saint Matthias to complete the number of the twelve apostles. By his prayer, include us among your chosen ones, since we rejoice to see that the lot marked out for us is your love. (We make our prayer) through our Lord. (Through Christ our Lord.)

Curiosity



7TH TUESDAY OF EASTERTIDE

Ask, and it will be given to you. Matthew 7:7a

PRAYER INTENTION

For all those who are beginning to show an interest in matters of faith, that their curiosity will grow into a desire for the living God.

Leader: O God, come to our aid. **All:** O Lord, make haste to help us.

GLORY BE

Hymn – please select one from the end pages.

Antiphon 1: You will restore our life again, Lord, and your people will rejoice in you, alleluia.

OUR SALVATION IS AT HAND Psalm 84(85)

When our Saviour came on earth God blessed his land (Origen)

O Lord, you once favoured your land* and revived the fortunes of Jacob, you forgave the guilt of your people* and covered all their sins.

You averted all your rage,* you calmed the heat of your anger.

Revive us now, God, our helper!*
Put an end to your grievance against us.
Will you be angry with us for ever,*
will your anger never cease?

Will you not restore again our life* that your people may rejoice in you? Let us see, O Lord, your mercy* and give us your saving help.

I will hear what the Lord God has to say,*
a voice that speaks of peace,
peace for his people and his friends*
and those who turn to him in their hearts.
His help is near for those who fear him*
and his glory will dwell in our land.

Mercy and faithfulness have met;*
justice and peace have embraced.
Faithfulness shall spring from the earth*
and justice look down from heaven.

The Lord will make us prosper* and our earth shall yield its fruit. Justice shall march before him* and peace shall follow his steps.

GLORY BE

Antiphon 1: You will restore our life again, Lord, and your people will rejoice in you, alleluia.

Antiphon 2: We put our trust in the Lord and he gave us peace, alleluia.

HYMN AFTER VICTORY OVER THE ENEMY

Canticle Isaiah 26:1-4,7-9,12

The city walls stood on twelve foundation stones (cf. Revelation 21:14)

We have a strong city;*
he sets up salvation as walls and bulwarks.
Open the gates*
that the righteous nation which keeps faith
may enter in.

You keep him in perfect peace,†
whose mind is stayed on you,*
because he trusts in you.
Trust in the Lord for ever,*
for the Lord God is an everlasting rock.

The way of the righteous is level;* you make smooth the path of the righteous. In the path of your judgments, O Lord,* we wait for you.

My soul yearns for you in the night,*
my spirit within me earnestly seeks you;
for when your judgments are in the earth,*
the inhabitants of the world learn righteousness.

O Lord, you will ordain peace for us;* you have wrought for us all our works.

GLORY BE

Antiphon 2: We put our trust in the Lord and he gave us peace, alleluia.

Antiphon 3: The earth has yielded its fruit; let the nations be glad and exult, alleluia.

ALL THE PEOPLES WILL GIVE PRAISE TO THE LORD

Psalm 66(67)

Let it be known to you that this salvation from God has been sent to all peoples Acts 28:28

O God, be gracious and bless us* and let your face shed its light upon us.

So will your ways be known upon earth* and all nations learn your saving help.

Let the peoples praise you, O God;* let all the peoples praise you.

Let the nations be glad and exult* for you rule the world with justice. With fairness you rule the peoples,* you guide the nations on earth.

Let the peoples praise you, O God;* let all the peoples praise you.

The earth has yielded its fruit* for God, our God, has blessed us.

May God still give us his blessing* till the ends of the earth revere him.

Let the peoples praise you, O God;* let all the peoples praise you.

GLORY BE

Antiphon 3: The earth has yielded its fruit; let the nations be glad and exult, alleluia.

SCRIPTURE READING

Acts 13:30-33

God raised Jesus from the dead and for many days he was seen by those who had travelled with him from Galilee to Jerusalem. They are now witnesses for him to the people of Israel. And we are here to bring the Good News to you: what God promised our ancestors he would do, he has now done for us, who are their descendants, by raising Jesus to life. As it is written: You are my son, today I have become your Father.

SHORT RESPONSORY

Leader: The Lord has risen from the dead, alleluia, alleluia.

All: The Lord has risen from the dead, alleluia, alleluia.

Leader: For our sake he died on the cross.

All: The Lord has risen from the dead, alleluia, alleluia.

Leader: Glory be to the Father and to the Son and to the Holy Spirit.

All: The Lord has risen from the dead, alleluia, alleluia.

Benedictus Antiphon: The Lord has risen from the dead, as he promised; let us all rejoice and be glad; he is king for ever and ever, alleluia.

(The Benedictus can be found on the inside front cover of this booklet)

Benedictus Antiphon: The Lord has risen from the dead, as he promised; let us all rejoice and be glad; he is king for ever and ever, alleluia.

INTERCESSIONS

Leader: Christ the Lord has promised us the Holy Spirit, whom he sends from the Father. Let us give glory to him, saying:

All: Christ, our Lord, give us your Spirit.

Leader: Lord Jesus, may your word in all its richness dwell within us; – let us sing psalms and hymns and spiritual songs with thankfulness to you.

All: Christ, our Lord, give us your Spirit.

Leader: Through the Holy Spirit you have made us sons of God; – at all times let us pray through the Spirit to you and the Father.

All: Christ, our Lord, give us your Spirit.

Leader: Guide our actions by your wisdom; – in the events of daily living let us tell of God's glory.

All: Christ, our Lord, give us your Spirit.

Leader: You are long suffering and full of compassion; – help us to live at peace with everyone.

All: Christ, our Lord, give us your Spirit.

Our Father

CONCLUDING PRAYER

God of power and mercy, grant that when the Holy Spirit comes, he may dwell in us, and make of us a temple filled with his glory.

(We make our prayer) through our Lord.

(Through Christ our Lord).

Seeking



7TH WEDNESDAY OF EASTERTIDE

Search, and you will find. Matthew 7:7b

PRAYER INTENTION

For those who seek God, that their search may lead them to find their heart's desire.

Leader: O God, come to our aid. **All:** O Lord, make haste to help us.

GLORY BE

Hymn – please select one from the end pages.

Antiphon 1: All the nations shall come to adore you, O Lord, alleluia.

PRAYER OF A POOR MAN IN DISTRESS

Psalm 85(86)

Blessed be God who comforts us in all our sorrows (2 Corinthians 1:3-4)

Turn your ear, O Lord, and give answer* for I am poor and needy.

Preserve my life, for I am faithful:* save the servant who trusts in you.

You are my God, have mercy on me, Lord,* for I cry to you all the day long. Give joy to your servant, O Lord,* for to you I life up my soul.

O Lord, you are good and forgiving,* full of love to all who call.
Give heed, O Lord, to my prayer* and attend to the sound of my voice.

In the day of distress I will call* and surely you will reply.

Among the gods there is none like you, O Lord;* nor work to compare with yours.

All the nations shall come to adore you* and glorify your name, O Lord: for you are great and do marvellous deeds,* you who alone are God.

Show me, Lord, your way† so that I may walk in your truth.* Guide my heart to fear your name.

I will praise you, Lord my God, with all my heart and glorify your name for ever;* for your love to me has been great: you have saved me from the depths of the grave.

The proud have risen against me;† ruthless men seek my life:* to you they pay no heed.

But you, God of mercy and compassion,* slow to anger, O Lord, abounding in love and truth,* turn and take pity on me.

O give your strength to your servant* and save your handmaid's son.

Show me a sign of your favour† that my foes may see to their shame* that you console me and give me your help.

GLORY BE

Antiphon 1: All the nations shall come to adore you, O Lord, alleluia.

Antiphon 2: Our eyes will see the king in his splendour, alleluia.

GOD WILL RULE WITH JUSTICE

Canticle Isaiah 33:13-16

The promise that was made is for you and your children and for all those who are far away (Acts 2:39)

Hear, you who are far off,* what I have done; and you who are near,* acknowledge my might.

The sinners in Sion are afraid;*
trembling has seized the godless:
'Who among us can dwell with the devouring fire?*
Who among us can dwell with everlasting burnings?

He who walks righteously and speaks uprightly,† who despises the gain of oppressions,* who shakes his hands lest they hold a bribe, who stops his ears from hearing of bloodshed* and shuts his eyes from looking upon evil.

He will dwell on the heights;*
his place of defence will be the fortresses of rocks;
his bread will be given him,*
his water will be sure.

GLORY BE

Antiphon 2: Our eyes will see the king in his splendour, alleluia.

Antiphon 3: All men will see the salvation of our God, alleluia.

THE LORD IS VICTOR AND A JUST RULER

Psalm 97(98)

This psalm tells of the first coming of the Lord and of the faith of all peoples (St Athanasius)

Sing a new song to the Lord* for he has worked wonders. His right had and his holy arm* have brought salvation.

The Lord has made known his salvation;* has shown his justice to the nations. He has remembered his truth and love* for the house of Israel.

All the ends of the earth have seen* the salvation of our God.
Shout to the Lord all the earth,* ring out your joy.

Sing psalms to the Lord with the harp* with the sound of music.
With trumpets and the sound of the horn* acclaim the King, the Lord.

Let the sea and all within it, thunder;*
the world, and all its peoples.
Let the rivers clap their hands*
and the hills ring out their joy.

Rejoice at the presence of the Lord,* for he comes to rule the earth.

He will rule the world with justice* and the peoples with fairness.

GLORY BE

Antiphon 3: All men will see the salvation of our God, alleluia.

SCRIPTURE READING

Romans 6:8-11

If we have died with Christ, we have faith to believe that we shall share his life. We know that Christ, now he has risen from the dead, cannot die any more; death has no more power over him; the death he died was a death, once for all, to sin; the life he now lives is a life that looks towards God. And you, too, must think of yourselves as dead to sin, and alive with a life that looks towards God, through Christ Jesus our Lord.

SHORT RESPONSORY

Leader: The Lord has risen from the dead, alleluia, alleluia.

All: The Lord has risen from the dead, alleluia, alleluia.

Leader: For our sake he died on the cross.

All: The Lord has risen from the dead, alleluia, alleluia.

Leader: Glory be to the Father and to the Son and to the Holy Spirit.

All: The Lord has risen from the dead, alleluia, alleluia.

Benedictus Antiphon: Let us thank God who has given us victory through our Lord Jesus Christ, alleluia.

(The Benedictus can be found on the inside front cover of this booklet)

Benedictus Antiphon: Let us thank God who has given us victory through our Lord Jesus Christ, alleluia.

INTERCESSIONS

Leader: The Holy Spirit joins with our spirit in bearing witness that we are children of God. Let us give thanks to our heavenly Father.

All: Father, hear your children.

Leader: God of patience and encouragement, grant that we may agree with one another by following the example of Christ; – united in mind and voice, let us glorify you.

All: Father, hear your children.

Leader: Let each of us think of his brother's good and strive to please him; – enable us to strengthen his faith.

All: Father, hear your children.

Leader: Do not allow us to be led astray by the power of the Evil One; – fill us instead with the Spirit who comes from you.

All: Father, hear your children.

Leader: Lord, you know everything that is in our hearts; – lead us in the ways of sincerity and truth.

All: Father, hear your children.

Our Father

CONCLUDING PRAYER

God of mercy, you have gathered your Church together by the Holy Spirit. Keep us devoted to your service, and united among ourselves. (We make our prayer) through our Lord. (Through Christ our Lord.)



7TH THURSDAY OF EASTERTIDE

*Knock, and the door will be opened to you.*Matthew 7:7c

PRAYER INTENTION

For us all to encounter the person of Jesus Christ and experience life lived to the full.

Leader: O God, come to our aid. **All:** O Lord, make haste to help us.

GLORY BE

Hymn – please select one from the end pages.

Antiphon 1: We will dance and sing; you are the source of our life and our joy, city of God, alleluia.

JERUSALEM, MOTHER OF ALL NATIONS

Psalm 86(87)

The Jerusalem which is above is free and is our mother (Galatians 4:26)

On the holy mountain is his city* cherished by the Lord.
The Lord prefers the gates of Sion* to all Jacob's dwellings.
Of you are told glorious things,*
O city of God!

'Babylon and Egypt I will count* among those who know me; Philistia, Tyre, Ethiopia,* these will be her children and Sion shall be called "Mother"* for all shall be her children.'

It is he, the Lord Most High,*
who gives each his place.
In his register of peoples he writes:*
'These are her children'
and while they dance they will sing:*
'In you all find their home.'

GLORY BE

Antiphon 1: We will dance and sing; you are the source of our life and our joy, city of God, alleluia.

Antiphon 2: He will tend his flock like a shepherd and carry them in his arms, alleluia.

THE GOOD SHEPHERD: GOD MOST HIGH AND ALL WISE Isaiah 40:10-17

Behold, I come quickly, and my reward is with me (Revelation 22:1)

Behold, the Lord God comes with might,* and his arm rules for him; behold, his reward is with him,* and his recompense before him.

He will feed his flock like a shepherd,*
he will gather the lambs in his arms,
he will carry them in his bosom,*
and gently lead those that are with young.

Who has measured the waters in the hollow of his hand* and marked off the heavens with a span, enclosed the dust of the earth in a measure† and weighed the mountains in scales* and the hills in a balance?

Who has directed the Spirit of the Lord,* or as his counsellor has instructed him? Whom did he consult for his enlightenment,* and who taught him the path of justice, taught him knowledge,* and showed him the way of understanding?

Behold, the nations are like a drop from a bucket,* and are accounted as the dust on the scales; behold, he takes up the isles*

Lebanon would not suffice for fuel,*
nor are its beasts enough for a burnt offering.
All the nations are as nothing before him,*
they are accounted by him as less than nothing and emptiness.

GLORY BE

Antiphon 2: He will tend his flock like a shepherd and carry them in his arms, alleluia.

Antiphon 3: The Lord is great in Sion; he is supreme above all peoples, alleluia.

THE LORD OUR GOD IS HOLY Psalm 98(99)

You are higher than Cherubim; you changed the bad state of the earth, when you came in a nature like ours (St Athanasius)

The Lord is king; the peoples tremble.†
He is throned on the cherubim; the earth quakes.*
The Lord is great in Sion.

He is supreme over all the peoples.† Let them praise his name, so terrible and great.* He is holy, full of power.

You are a king who loves what is right;†
you have established equity, justice and right;*
you have established them in Jacob.

Exalt the Lord our God;†
bow down before Sion, his footstool.*
He the Lord is holy.

Among his priests were Aaron and Moses,† among those who invoked his name was Samuel.* They invoked the Lord and he answered.

To them he spoke in the pillar of cloud.†
They did his will; they kept the law,*
which he, the Lord, had given.

O Lord our God, you answered them.† For them you were a God who forgives;* yet you punished all their offences.

Exalt the Lord our God;†
bow down before his holy mountain*
for the Lord our God is holy.

GLORY BE

Antiphon 3: The Lord is great in Sion; he is supreme above all peoples, alleluia.

SCRIPTURE READING

Romans 8:10-11

If Christ lives in you, then although the body be a dead thing in virtue of our guilt, the spirit is a living thing, by virtue of our justification. And if the Spirit of him who raised up Jesus from the dead dwells in you, he who raised up Jesus Christ from the dead will give life to your perishable bodies too, for the sake of his Spirit who dwells in you.

SHORT RESPONSORY

Leader: The Lord has risen from the dead, alleluia, alleluia

All: The Lord has risen from the dead, alleluia, alleluia.

Leader: For our sake he died on the cross.

All: The Lord has risen from the dead, alleluia, alleluia.

Leader: Glory be to the Father and to the Son and to the Holy Spirit.

All: The Lord has risen from the dead, alleluia, alleluia.

Benedictus Antiphon: Go into the world and teach all people; baptise them in the name of the Father, and of the Son, and of the Holy Spirit, alleluia.

(The Benedictus can be found on the inside front cover of this booklet)

Benedictus Antiphon: Go into the world and teach all people; baptise them in the name of the Father, and of the Son, and of the Holy Spirit, alleluia.

INTERCESSIONS

Leader: Blessed be Christ the Lord. It is through him that we have access to the Father in the Holy Spirit.

All: Christ, hear us.

Leader: Send your Holy Spirit, the welcome guest of the heart; – do not allow us to grieve him by the harshness of our words.

All: Christ, hear us.

Leader: Lord Jesus, ascended to the Father, we turn to you in the night of our anxiety and the day of our over-confidence; – plead for us with the Father.

All: Christ, hear us.

Leader: May your Spirit make us one with you; – let us never be separated from your love by distress, persecution or danger.

All: Christ, hear us.

Leader: As our brother, you accepted us; – teach us

to glorify God and to accept one another.

All: Christ, hear us.

Our Father

CONCLUDING PRAYER

Lord God, let your Spirit come upon us in power and fill us with his gifts, to render our minds pleasing to you, and make us docile to your will. (We make our prayer) through our Lord. (Through Christ our Lord.)

Freedom

7TH FRIDAY OF EASTERTIDE

When Christ freed us, he meant for us to remain free. Stand firm, therefore, and do not submit again to the yoke of slavery. Galatians 5:1

PRAYER INTENTION

For those who are held down by past experiences, hurt or pain, that they may know the freedom that Christ brings when we follow him.

Leader: O God, come to our aid. **All:** O Lord, make haste to help us.

GLORY BE

Hymn – please select one from the end pages.

Antiphon 1: O Lord, wash me more and more from my guilt, alleluia.

O GOD, HAVE MERCY ON ME Psalm 50(51)

You must be made new in mind and spirit, and put on the new nature (Ephesians 4:23-24)

Have mercy on me, God, in your kindness.* In your compassion blot out my offence.

O wash me more and more from my guilt* and cleanse me from my sin.

My offences truly I know them;*
My sin is always before me.
Against you, you alone, have I sinned;*
what is evil in your sight I have done.

That you may be justified when you give sentence* and be without reproach when you judge.

O see, in guilt I was born,*
a sinner was I conceived.

Indeed you love truth in the heart;*
then in the secret of my heart teach me wisdom.
O purify me, then I shall be clean;*
O wash me, I shall be whiter than snow.

Make me hear rejoicing and gladness,* that the bones you have crushed may revive. From my sins turn away your face* and blot out all my guilt.

A pure heart create for me, O God,* put a steadfast spirit within me.

Do not cast me away from your presence,* nor deprive me of your holy spirit.

Give me again the joy of your help;*
With a spirit of fervour sustain me,
that I may teach transgressors your ways*
and sinners may return to you.

O rescue me, God, my helper,*
And my tongue shall ring out your goodness.
O Lord, open my lips*
and my mouth shall declare your praise.

For in sacrifice you take no delight,* burnt offering from me you would refuse, my sacrifice, a contrite spirit.*
A humbled, contrite heart you will not spurn.

In your goodness, show favour to Sion:* rebuild the walls of Jerusalem.

Then you will be pleased with lawful sacrifice,* holocausts offered on your altar.

GLORY BE

Antiphon 1: O Lord, wash me more and more from my guilt, alleluia.

Antiphon 2: Christ bore our sins in his own body on the cross, alleluia.

LAMENT OF THE PEOPLE IN Canticle TIME OF FAMINE AND WAR Jeremiah 14:17–21

The kingdom of God is at hand. Repent, and believe in the gospel (Mark 1:15)

Let my eyes run down with tears night and day,* and let them not cease, for the virgin daughter of my people is smitten with a great wound,* with a very grievous blow.

If I go out into the field,* behold, those slain by the sword!

And if I enter the city,*
behold, the diseases of famine!
For both prophet and priest ply their trade through the land,*
and have no knowledge.

Have you utterly rejected Judah? Does your soul loathe Sion? Why have you smitten us* so that there is no healing for us?

We looked for peace,* but no good came; for a time of healing,* but behold, terror.

We acknowledge our wickedness, O Lord, †
and the iniquity of our fathers, *
for we have sinned against you.
Do not spurn us, for your name's sake. †
do not dishonour your glorious throne; *
remember and do not break your covenant with us.

GLORY BE

Antiphon 2: Christ bore our sins in his own body on the cross, alleluia.

Antiphon 3: Come before the Lord, singing for joy, alleluia.

THE JOY OF THOSE WHO ENTER THE TEMPLE OF THE LORD Psalm 99(100)

The Lord calls all those he has redeemed to sing a hymn of victory (St Athanasius)

Cry out with joy to the Lord, all the earth. †
Serve the Lord with gladness. *
Come before him, singing for joy.

Know that he, the Lord, is God.†
He made us, we belong to him,*
we are his people, the sheep of his flock.

Go within his gates, giving thanks.† Enter his courts with songs of praise.* Give thanks to him and bless his name.

Indeed, how good is the Lord,† eternal his merciful love.* He is faithful from age to age.

GLORY BE

Antiphon 3: Come before the Lord, singing for joy, alleluia.

SCRIPTURE READING

Acts 5:30-32

The God of our fathers raised Jesus from death, after you had killed him by nailing him to a cross. And God raised him to his right side as Leader and Saviour, to give to the people of Israel the opportunity to repent and have their sins forgiven. We are witnesses to these things – we and the Holy Spirit, who is God's qift to those who obey him.

SHORT RESPONSORY

Leader: The Lord has risen from the dead, alleluia, alleluia.

All: The Lord has risen from the dead, alleluia, alleluia.

Leader: For our sake he died on the cross.

All: The Lord has risen from the dead, alleluia, alleluia.

Leader: Glory be to the Father and to the Son and to the Holy Spirit.

All: The Lord has risen from the dead, alleluia, alleluia.

Benedictus Antiphon: Jesus Christ died and has risen from the dead; he sits at the right hand of God where he lives for ever, making intercession for us, alleluia.

(The Benedictus can be found on the inside front cover of this booklet)

Benedictus Antiphon: Jesus Christ died and has risen from the dead; he sits at the right hand of God where he lives for ever, making intercession for us, alleluia.

INTERCESSIONS

Leader: To God be honour and glory for ever. May be fill us with hope and with the power of the Holy Spirit. **All:** Lord, you are our help and our salvation.

Leader: Almighty Father, send your Holy Spirit to turn our words into prayers and our seeking into finding; All: Lord, you are our help and our salvation.

Leader: Send your Holy Spirit to turn our darkness into light and our falseness into truth;

All: Lord, you are our help and our salvation.

Leader: Send your Holy Spirit to change contempt for the weak into reverence for your children; **All:** Lord, you are our help and our salvation.

Our Father

CONCLUDING PRAYER

Lord God,
you opened for us the way to eternal life
when Christ your Son was taken up to glory,
and your Holy Spirit came to enlighten your Church.
Grant that, as we share in so great a gift,
our faith may grow ever stronger,
our service ever more loyal.
(We make our prayer) through our Lord.
(Through Christ our Lord.)

Faith



7TH SATURDAY OF EASTERTIDE

Only faith can guarantee the blessings that we hope for, or prove the existence of the realities that at present remain unseen. Hebrews 11:1

PRAYER INTENTION

For those who want to grow in faith, that we may all be filled with the hope of what is to come.

Leader: O God, come to our aid. **All:** O Lord, make haste to help us.

GLORY BE

Hymn – please select one from the end pages.

Antiphon 1: The words I have spoken to you are spirit and they are life, alleluia.

Psalm 118(119):145-152 XIX(Koph)

I call with all my heart; Lord, hear me,*
I will keep your commands.
I call upon you, save me*
and I will do your will.

I rise before dawn and cry for help,*
I hope in your word.
My eyes watch through the night*
to ponder your promise.

In your love hear my voice, O Lord;* give me life by your decrees.

Those who harm me unjustly draw near:* they are far from your law.

But you, O Lord, are close:*
your commands are truth.
Long have I known that your will*
is established for ever.

GLORY BE

Antiphon 1: The words I have spoken to you are spirit and they are life, alleluia.

Antiphon 2: Lord, you have set up your temple and altar on your holy mountain, alleluia.

O LORD, GIVE ME WISDOM

Canticle

Wisdom 9:1-6,9-11

I myself will give you an eloquence and a wisdom that none of your opponents will be able to resist (Luke 21:15)

O God of my fathers and Lord of mercy,*
who have made all things by your word,
and by your wisdom have formed man*
to have dominion over the creatures you have made,
and rule the world in holiness and righteousness,*
and pronounce judgment in uprightness of soul,
give me the wisdom that sits by your throne,*
and do not reject me from among your servants.

For I am your slave*
and the son of your maidservant,
a man who is weak and short-lived,*
with little understanding of judgment and laws;
for even if one is perfect among the sons of men,†
yet without the wisdom that comes from you*
he will be regarded as nothing.

With you is wisdom; who knows your works* and was present when you made the world, and who understands what is pleasing in your sight* and what is right according to your commandments.

Send her forth from the holy heavens,* and from the throne of your glory send her, that she may be with me and toil,* and that I may learn what is pleasing to you; for she knows and understands all things,† and she will guide me wisely in my actions* and guard me with her glory.

GLORY BE

Antiphon 2: Lord, you have set up your temple and altar on your holy mountain, alleluia.

Antiphon 3: I am the Way, the Truth and the Life, alleluia.

OF MERCIFUL LOVE

Psalm 116(117)

I ask the nations to give praise to God for his mercy (Romans 15:8-9)

O praise the Lord, all you nations,* acclaim him all you peoples.

Strong is his love for us;*
he is faithful for ever.

Antiphon 3: I am the Way, the Truth and the Life, alleluia.

SCRIPTURE READING

Romans 14:7-9

None of us lives for himself only, none of us dies for himself only; if we live, it is for the Lord that we live, and if we die, it is for the Lord that we die. Whether we live or die, then, we belong to the Lord. For Christ died and rose to life in order to be the Lord of the living and of the dead.

SHORT RESPONSORY

Leader: The Lord has risen from the dead, alleluia, alleluia

All: The Lord has risen from the dead, alleluia, alleluia.

Leader: For our sake he died on the cross.

All: The Lord has risen from the dead, alleluia, alleluia.

Leader: Glory be to the Father and to the Son and to the Holy Spirit.

All: The Lord has risen from the dead, alleluia, alleluia.

Benedictus Antiphon: Behold, I am with you all days, even till the end of the world, alleluia.

(The Benedictus can be found on the inside front cover of this booklet)

Benedictus Antiphon: Behold, I am with you all days, even till the end of the world, alleluia.

INTERCESSIONS

Leader: Strengthened by the Holy Spirit, let us join with all the baptised in giving glory to the Lord. **All:** Lord Jesus, make us holy by your Spirit.

Leader: Send your Holy Spirit into our minds and hearts; – let us proclaim before men that you are king and Lord.

All: Lord Jesus, make us holy by your Spirit.

Leader: Grant us a love that is genuine; – give us respect and a real affection for one another.

All: Lord Jesus, make us holy by your Spirit.

Leader: Renew the hearts of the faithful by your lifegiving grace; – move them to respond gladly to the gifts of the Spirit.

All: Lord Jesus, make us holy by your Spirit.

Leader: Grant us the power of your Spirit to repair our damaged lives; – may he turn decay into growth.

All: Lord Jesus, make us holy by your Spirit.

Our Father

CONCLUDING PRAYER

Give us grace, almighty God, to hold fast in life and conduct to the mystery we have celebrated at Easter. (We make our prayer) through our Lord. (Through Christ our Lord.)

Pentecost



PENTECOST SUNDAY

They were all filled with the Holy Spirit. Acts 2:4a

PRAYER INTENTION

For the whole Church to be filled with the Holy Spirit 'as by a new Pentecost'.

Leader: O God, come to our aid. **All:** O Lord, make haste to help us.

GLORY BE

Hymn – please select one from the end pages.

Antiphon 1: How good and how kind, Lord, is your Spirit in us, alleluia.

A SOUL THIRSTING FOR GOD

Psalm 62(63):2-9

Let the man who has put away the deeds of the night watch for God

O God, you are my God, for you I long;* for you my soul is thirsting.

My body pines for you*

like a dry, weary land without water.

So I gaze on you in the sanctuary*

to see your strength and your glory.

For your love is better than life,* my lips will speak your praise.

¹ Pope John XXIII at the opening of Vatican II

So I will bless you all my life,* in your name I will lift up my hands. My soul shall be filled as with a banquet,* my mouth shall praise you with joy.

On my bed I remember you.*

On I muse through the night for you have been my help; in the shadow of your wings I rejoice. My soul clings to you;* your right hand holds me fast.

GLORY BE

Antiphon 1: How good and how kind, Lord, is your Spirit in us, alleluia.

Antiphon 2: Let every spring of water bless the Lord; let everything that lives in water sing a hymn to God, alleluia.

LET EVERY CREATURE PRAISE THE LORD

Canticle Daniel 3:57-88,56

Praise our God, all you his servants (Revelation 19:5)

O all you works of the Lord, O bless the Lord.* To him he highest glory and praise for ever.

And you, angels of the Lord, O bless the Lord.* To him be highest glory and praise for ever.

And you, the heavens of the Lord, O bless the Lord.*
And you, clouds of the sky, O bless the Lord.
And you, all armies of the Lord, O bless the Lord.*
To him be highest glory and praise for ever.

And you, sun and moon, O bless the Lord.*
And you, the stars of the heav'ns, O bless the Lord.
And you, showers and rain, O bless the Lord.*
To him be highest glory and praise for ever.

And you, all you breezes and winds, O bless the Lord.*
And you, fire and heat, O bless the Lord.
And you, cold and heat, O bless the Lord.*
To him be highest glory and praise for ever.

And you, showers and dew, O bless the Lord.*
And you, frosts and cold, O bless the Lord.
And you, frost and snow, O bless the Lord.*
To him be highest glory and praise for ever.

And you, night-time and day, O bless the Lord.*
And you, darkness and light, O bless the Lord.
And you, lightning and clouds, O bless the Lord.*
To him be highest glory and praise for ever.

O let the earth bless the Lord.*
To him be highest glory and praise for ever.

And you, mountains and hills, O bless the Lord.*
And you, all plants of the earth, O bless the Lord.
And you, fountains and springs, O bless the Lord.*
To him be highest glory and praise for ever

And you, rivers and seas, O bless the Lord.*
And you, creatures of the sea, O bless the Lord.
And you every bird in the sky, O bless the Lord.†
And you, wild beasts and tame, O bless the Lord.*
To him be highest glory and praise for ever.

And you, children of men, O bless the Lord.* To him be highest glory and praise for ever.

O Israel, bless the Lord. O bless the Lord.*
And you, priests of the Lord, O bless the Lord.
And you, servants of the Lord, O bless the Lord.*
To him be highest glory and praise for ever.

And you, spirits and souls of the just, O bless the Lord.* And you, holy and humble of heart, O bless the Lord. Ananias, Azarias, Mizael, O bless the Lord.* To him be highest glory and praise for ever.

Let us praise the Father, the Son, and Holy Spirit: *
To you be highest glory and praise for ever.
May you be blessed, O Lord, in the heavens *
To you be highest glory and praise for ever.

Antiphon 2: Let every spring of water bless the Lord; let everything that lives in water sing a hymn to God, alleluia.

Antiphon 3: The apostles spoke in different tongues and proclaimed the wonderful deeds of God, alleluia.

THE SONG OF JOY OF THE SAINTS Psalm 149

The members of the Church, God's new people, will rejoice in their king, who is Christ (Hesychius)

Sing a new song to the Lord,*
his praise in the assembly of the faithful.
Let Israel rejoice in its Maker,*
let Sion's sons exult in their king.
Let them praise his name with dancing*
and make music with timbrel and harp.

For the Lord takes delight in his people.*
Her crowns the poor with salvation.
Let the faithful rejoice in their glory,*
shout for joy and take their rest.
Let the praise of God be on their lips*
And a two-edged sword in their hand,

to deal out vengeance to the nations* and punishment on all the peoples; to bind their kings in chains* and their nobles in fetters of iron; to carry out the sentence pre-ordained:* this honour is for all his faithful.

GLORY BE

Antiphon 3: The apostles spoke in different tongues and proclaimed the wonderful deeds of God, alleluia.

SCRIPTURE READING

The God of our fathers raised Jesus from death, after you had killed him by nailing him to a cross. And God raised him to his right side as Leader and Saviour, to give to the people of Israel the opportunity to repent and have their sins forgiven. We are witnesses to these things – we and the Holy Spirit, who is God's gift to those who obey him.

SHORT RESPONSORY

Leader: They were filled with the Holy Spirit, alleluia, alleluia.

All: They were filled with the Holy Spirit, alleluia, alleluia.

Leader: They began to speak.

All: They were filled with the Holy Spirit, alleluia, alleluia.

Leader: Glory be to the Father and to the Son and to the Holy Spirit.

All: They were filled with the Holy Spirit, alleluia, alleluia.

Benedictus Antiphon: Receive the Holy Spirit. Those whose sins you forgive will be forgiven them, alleluia.

(The Benedictus can be found on the inside front cover of this booklet)

Benedictus Antiphon: Receive the Holy Spirit. Those whose sins you forgive will be forgiven them, alleluia.

INTERCESSIONS

Leader: On this day of Pentecost, the Church is filled with joy. Strengthened with measureless hope, we pray to Christ, who is calling his Church together in the Holy Spirit.

All: Lord, renew the face of the earth.

Leader: Lord Jesus, raised on the cross, you poured out the water of rebirth for the life of the world; – quicken the life of all men with gift of the Spirit.

All: Lord, renew the face of the earth.

Leader: Raised up to God's right hand, you bestowed on the apostles the Father's Gift; – your Church now waits for the same Gift, the same hope.

All: Lord, renew the face of the earth.

Leader: You breathed your Spirit upon the apostles, and gave them the power of forgiveness; – set all men free today from the prison of sin.

All: Lord, renew the face of the earth.

Leader: You promised to send us the Spirit of truth, that we might become your heralds throughout the world. – Through his presence in the Church may we bear faithful witness to you.

All: Lord, renew the face of the earth.

Our Father

CONCLUDING PRAYER

Lord God,
you sanctify your Church in every race and nation
by the mystery we celebrate on this day.
Pour out the gifts of the Holy Spirit on all mankind,
and fulfil now in the hearts of your faithful
what you accomplished
when the Gospel was first preached on earth.
(We make our prayer) through our Lord.
(Through Christ our Lord).



Hymns for Morning and Evening Prayer

between The Ascension and Pentecost

Sower and seed of man's reprieving,

Jesus, the longing heart's repose, Thy own creation's fault retrieving, Pure light they lover only knows;

What sovereign pity earthward drew thee, Our load of sins they charge to make, Slain, that the guilty race that slew thee Life from thy guiltless death might take?

Now hell is harrowed, now is stricken From captive hands the age-long chain; Thronged by the souls they life doth quicken, Thou at thy Father's side dost reign.

Be thou the end of our wayfaring,
As thou the guide, as thou the way,
Our friend, these earthly shadows sharing,
Our crown of life in perfect day.

Come down, O love divine,

Seek thou this soul of mine,
And visit it with thine own ardour glowing;
O Comforter draw near,
Within my heart appear,
And kindle it, thy holy flame bestowing.

O let it freely burn,
Till earthly passions turn
To dust and ashes in its heat consuming;
And let thy glorious light
Shine ever on my sight,
And clothe me round, the while my path illuming.

Let holy charity
Mine outward vesture be,
And lowliness become mine inner clothing.
True lowliness of heart,
Which takes the humbler part,
And o'er its own shortcomings weeps with loathing.

And so the yearning strong,
With which the soul will long,
Shall far outpass the power of human telling;
For none can guess its grace,
Till he become the place
Wherein the Holy Spirit makes his dwelling.

Come, Holy Ghost, Creator, come

from thy bright heavenly throne, come, take possession of our souls, and make them all thine own.

Thou who art called the Paraclete, best gift of God above, the living spring, the living fire, sweet unction and true love.

Thou who art sev'nfold in thy grace, finger of God's right hand; his promise, teaching little ones to speak and understand.

O guide our minds with thy blest light, with love our hearts inflame; and with thy strength, which ne'er decays, confirm our mortal frame.

Far from us drive our deadly foe; true peace unto us bring; and through all perils lead us safe beneath thy sacred wing.

Through thee may we the Father know, through thee th'eternal Son, and thee the Spirit of them both, thrice-blessed Three in One.

All glory to the Father be, with his co-equal Son: the same to thee, great Paraclete, while endless ages run.

Love of the Father, Love of God the Son,

From whom all came, in whom was all begun; Who formest heavenly beauty out of strife, Creation's whole desire and breath of life:

Thou the All-holy, thou supreme in might,
Thou dost give peace, thy presence maketh right;
Thou with thy favour all things dost enfold,
With thine all-kindness free from harm wilt hold.

Purest and highest, wisest and most just,
There is no truth save only in thy trust;
Thou dost the mind from earthly dreams recall,
And bring, through Christ, to him for whom are all.

Eternal glory, all men thee adore, Who are and shalt be worshipped evermore: Us whom thou madest, comfort with thy might, And lead us to enjoy thy heavenly light.

Our Father

Our Father who art in heaven, hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

GLORY BE

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end. Amen.